



## Riverside Senior High partnering with **FACTORYPRO**

**FREE Gym Membership  
For all IB students**



### **Mr Fernando Martinez**

(Riverside PE Teacher & Fitness Instructor)  
Will work with each IB student to design a  
Personal Fitness Programme.

**Students can use the gym from  
6.00am—5.00pm**

Workout before or after school

Workout during Study Halls

**Factory Pro is a 2 minute walk  
(160 metres) from the Senior High building**



Treadmills  
Cross Trainers  
Steppers  
Exercise Cycles  
Rowing Machines  
Free Weights  
Weight Machines

