



**Riverside Senior High
partnering with
FACTORYPRO**

**FREE Gym Membership
For all IB students**



Mr Fernando Martinez

(Riverside PE Teacher & Fitness Instructor)
Works with each IB student to design a
Personal Fitness Programme.

**Students can use the gym from
6.00am—5.00pm**

Workout before or after school
Workout during Study Halls

**Factory Pro is in the same building as the
Riverside Arts Centre**



Treadmills
Cross Trainers
Steppers
Exercise Cycles
Rowing Machines
Free Weights
Weight Machines

