

Riverside LUNCH MENU September

	Mon 3.9.	Tue 4.9.	Wed 5.9.	Thu 6.9.	Fri 7.9.
Soup	Cream of cauliflower (onion, cauliflower, cream)	Tomato and basil soup (tomatoes, carrot, basil, garlic, celery)	Broccoli, spinach and potato soup (broccoli, spinach, potatoes, garlic, basil, onion)	Beef consommé with noodles (carrot, celery , parsley, noodles , beef meat)	Creamy leek and potato soup (butter , leek, potatoes)
Main Course 1	Chicken in creamy herbs sauce with rice (chicken breast, herbs, cream , oil, rice)	Chicken tikka masala with rice (chicken breast, white yogurt , onion, garlic, pepers, vindaloo, ginger, peeled tomatoes, tomato puree, cream , rice)	Homemade fish fingers with mashed potatoes (white fish , breadcrumb , flour , eggs , milk , potatoes, butter)	Turkey breast with gravy, roasted honey carrot and boiled potatoes (turkey breast, gravy sauce , potatoes, carrot, honey)	Chicken gyros pieces with tzatziky dip and pita bread (chicken gyros, spice, cream , cucumber, yogurt , pita bread)
Main Course 2	Baked pork with steamed cabbage and potato dumplings (pork meat, cumin, flour , garlic, onion, cabbage, bread , milk , yeast, flour , milk , eggs)	Beef ragout with vegetables and mashed potatoes (beef meat, flour , onion, peas, carrot, zucchini, celery , herbs, potatoes , milk , butter)	Jamie Oliver's turkey curry with rice (turkey meat, herbs, lentils, garlic, cumin, yoghurt , peppers, mushrooms, ginger, peeled tomatoes, vindaloo, rice)	Beef in aubergine sauce with bulgur (beef meat, aubergine, turmeric, coriander, thyme, garlic, peeled tomatoes, bulgur)	Holland schnitzel with mashed potatoes (pork meat, cheese , onion, herbs, eggs , breadcrumb , flour , potatoes, milk , butter)
Main Course 3	Caponata with cous cous (herbs, carrot, oil, sugar, tomato, capary, celery , basil, cous cous)	Penne with red pepper sauce (pasta , onion, red peppers, peeled tomatoes, basil, oil)	Mediterranean quiche with salad (flour , butter , ricotta cheese , parmesan cheese , eggs , cream , zucchini, peppers, onion, thyme, garlic, olives, rosemary)	Vegetable potato cake (potatoes, cream , onion, garlic, spinach, carrot)	Indian beans curry with rice (red beans, cauliflower, onion, spice, coconut milk, rice)
Salad	Caprese salad (tomatoes, basil, rucola, mozzarella)	Tuna salad & vegetables (iceberg lettuce, tomatoes, cucumber, peppers, eggs , tuna)	Caesar salad with bacon (roman lettuce, bacon, crutons , cheese , parmesan , mayonnaise , anchovy , mustard)	Chef's salad with dressing (cucumber, tomatoes, ham, eggs, iceberg salad, peppers, white yogurt , herbs)	Bulgur salad with tofu (bulgur , chickpeas, red beans, tofu, thyme, garlic, sundried tomatoes, raddish, sesame seed)
Sandwich	Sandwich with turkey ham and tomato (sandwich bread , turkey ham, tomato, lollo salad, soft cheese spread , horseradish)	Baguette with basil pesto, tomatoes and mozzarella (baguette , mozzarella , tomatoes, basil, parmesan cheese , garlic)	Sandwich with grilled vegetables and hummus (sandwich bread , chickpea, olive oil, coriander, lemon sauce)	Sandwich with cheese (sandwich bread , hermelin cheese , Eidam cheese , eggs , soft cheese)	Baguette with homemade tuna spread (baguette , tuna , eggs , mayonnaise , coriander, chilli peppers, sesame oil)

Individual food may contain the following allergens and products thereof:

Cereals containing gluten, crustacean, eggs, fish, peanuts, soybeans, milk, nuts (almonds, hazelnuts, walnuts, cashews, pecans, Brazil nuts, pistachios, macadamia nuts), celery, mustard, sesame seeds, sulfur dioxide and sulphites at concentrations higher than 10 mg / kg, lupine, molluscs.

Information on allergens available on request by operator.