



Riverside School
Prague
Junior High

JUNIOR HIGH SCHOOL SKILLS FOR LIFE TERM 2

Physical Education Department
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Junior High School Skills for Life – Term 2 (2018 - 2019)

Day	Skill for Life	Where	Time	Coordinator	Cost (czk)	Max.
Monday	Show time Term 1 & 2	JH Cafeteria (JB)	3:30 – 4:45	Mrs. Sellers / Ms. Ntafopoulou / Mr. Fullarton	-	-
	EAL Writing Support	EAL Room (JB)	3:30 – 4:45	Mrs. Wagner	-	8
	Girls Med. Cup Training	3G	3:45 – 5:00	Mr. Fernando	-	12
	Students School Life CAS	Cervantes (JB)	3:30 – 4:45	Ms. Beas / Ms. Gonzalez	-	15
Tuesday	Swimming Club	Vystaviste Holesovice	7:00 – 8:00	Mr. Fernando	1750 cz	24
	Brass Band	Rousseau (JB)	3:30 – 4:45	Mr. Prokes	-	10
	Boys Med. Cup Training	3G	3:45 – 5:00	Mr. Duffield	-	12
	Fitness Club	Shark Tank	3:45 – 5:00	Mr. Rogers	-	16
	Rock Climbing	Mammut Hall	3:30 – 4:45	Ms. Jana / Mr. Wagner / Mr. Akhurst / Mr. Plummer	1500 cz	16
	Cello Club	Rowling (JB)	3:30 – 4:45	Mrs. Pekova	-	10
	Basketball Team	Shark Tank	3:45 – 4:45	Mr. Frederiksen / Mrs. Leclerc	-	25
	Badminton	Sedlec	4:20 – 5:20	Mr. Cathro	-	16
	Czech History (Y8 - Y9)	Pythagoras (JB)	3:45 – 4:45	Mrs. Tauchmanova	-	-
Wednesday	Healthy Lifestyle	Palacky (JB)	Lunchtime	Mrs. Nagar	-	-
	Tennis Club	Shark Tank	4:20 - 5:30	Ms. Jana	600 cz	12
	Swimming Team (Invitation only)	Vystaviste Holesovice	4:00 – 5:30	Mr. Fernando / Mrs. Gilham	1750 cz	12
	LAMDA (London Academy of Music and Dramatic Art)	Marlowe (AC)	3:30 – 4:45	Mr. Adam (PYT)	1500 cz	14
	Kickboxing	Primary Jidelna	3:45 – 4:45	Ms. Jade	-	16
	Canoe Club + Boat Building	Early Years Garage	3:45 – 5:45	Mr. Wagner	350 cz	10
	Masterchef	JH Cafeteria (JB)	3:30 – 4:45	Mrs. Fullarton	900 cz	12
Thursday	Glee Club	Smetana (JB)	3:30 – 4:45	Mr. Novak	-	-
	Knitting for Charity	Rowling (JB)	3:30 – 4:45	Ms. Reilly	-	10
	Arts and Crafts	Rodin (AC)	3:30 – 4:45	Ms. MacLeod	-	15
	Spelling Fun Club	Magellan (JB)	3:30 – 4:45	Mrs. Breen	-	-
	Science Fair	Newton (JB)	3:30 – 4:45	Mrs. Duffield	-	14
	Creative Writing and Reading	Luther (JB)	3:30 – 4:45	Mr. Ellis	-	10
	Boys Football Team	3G	3:45 – 4:45	Mr. Duffield	-	-
Friday	Math Problem Solving	Germain (JB)	7:30 - 8:15	Maths Department	-	-
	Song Writing	Marlowe (AC)	3:30 – 4:45	Mr. Zappi	-	-
	Science Fair	Newton (JB)	3:30 – 4:45	Mr. Loo	-	14
	Inline Hockey	Shark Tank	4:20 – 5:20	Mr. Wagner	-	14
	Go Wild in Prague	Prague city	3:30 – 4:45	Mrs. Calabria	-	10
	Elite Chamber Orchestra (Advanced Students)	Smetana (JB)	3:30 – 4:45	Mr. Maddocks	-	-
Saturday	Saturday Morning Football	Shark Tank	9:30 – 11:00 am	PEFS	650 cz	40
	Surf	Surf Arena Letnany	12:00 – 1:00 pm (7 lessons in term 2)	Mr. Korf / Mr. Fernando	5500 cz	12

Riverside's Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are,

- to provide our students with **specialist instruction**
- to promote a **higher level of challenge** for each student
- to provide opportunities for students to participate in activities they may not otherwise choose, or be aware they have a skill in
- to provide opportunities for students to **display** skills through competition and performance
- to provide opportunities for children to be **rewarded** through the outcomes and achievement in their **specialist** activity
- to introduce **skills** that students will use and **develop throughout their lifetime**
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions
- to provide **experiences** for our students that will enhance their opportunities in careers and higher education
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**
- to provide an opportunity to take **calculated risks** and from this develop **confidence** and **determination**
- to raise **self esteem**
- to develop **leadership** skills
- to develop **successful** sport men and women

