



Riverside School
Prague

SENIOR HIGH SKILLS FOR LIFE

Riverside School Prague

Abstract

This document is intended for those students that are attending Senior High at Riverside School Prague.

Physical Education Department
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Senior High Skills for Life – Term 3 (2018-2019)

Day	Skill for Life	Where	Time	Coordinator	Cost (czk)	Max.
Monday	Explore	Chanel (AC)	Lunchtime	Mrs. Clemas	-	-
	String Quartet	Smetana (JB)	Lunchtime	Mr. Novak/Arisa Kobayashi	-	-
	Running Club	Austen (AC)	3:30 – 4:45	Mr. Philbin	-	15
	University / Internship / Part Time job Application	Klein (AC)	3:30 – 4:45	Mrs. Cathro	-	-
	Competitive Storytelling Club	Austen (AC)	3:30 – 4:45	Mrs. Maddox	-	-
	Project Turtle	Erasmus (AC)	3:30 – 4:45	Mr. Hellam	-	12
	IGCSE / IB Drama Extension	Marlow (AC)	3:30 – 4:45	Mrs. Sellers	-	10
	Creative Scrapbooking and journaling.	DaVinci (AC)	3:30 – 4:45	Ms. Partridge	-	10
	Hip Hop Rap and Dance Club	Jidelna (JB)	3:30 – 4:45	D. Loo	-	12
	Basketball Team	Shark Tank	4:20 – 5:20	Mr. Rogers	-	-
	Economics Club	Annan (AC)	3:30 – 4:45	Mr. Kudashvili	-	-
	Boys Football Club	Shark Tank	4:30 - 5:30	Mr. Fernando	-	-
	Girls Football Club	Sedlec	3:45 - 5:00	Mr. Fernando	-	-
	Riverside Rush Newspaper Club	Shelley (AC)	3:30 – 4:45	Mr. Pickering / Mr. Clemas	-	-
	Core Clinic CAS/EE	Keats (AC)	3:30 – 4:45	Mrs. Telfer	-	-
Rock School (drums, bass, electric guitar, keyboard & vocals)	Bowie & Smetana	3:30 - 4:45	Mr Fullarton	-	10	
Tuesday	Swimming Club	Vystaviste Holesovice	7:00 – 8:00	Mr. Fernando	1750 cz	24
	Theatre Lab	Marlowe (AC)	3:30 – 4:45	Mr. Zappi	-	-
	Engineering Club	Early Years Garage	3:45 – 5:00	Mr. Evans	500 cz	8
	Volleyball Team	Sedlec	4:20 – 5:20	Mr. Cathro	-	14
	Rock Climbing	Mammut Hall	3:30 – 4:45	Ms.Jana / Mr. Wagner / Mr. Plummer	1500 cz	16
	Mountain Bike Club	Sedlec	3:45 – 4:45	Mr. Duffield	-	10
	Philosophy, Ethics and the Meaning of Life - through film dialogue and art	Keats (AC)	3:30 – 4:45	Mr. Griffiths	-	-
	Urban Walking Club	Chanel (AC)	3:30 – 4:45	Mrs. Celosse	-	10
	Corner Concert Production	Smetana & Bowie (JB)	3:30 – 5:00	Mr. Fullarton	-	10
	Brass Band	Rousseau (JB)	3:30 – 4:45	Mr. Prokes	-	10
Wednesday	Tennis Club	Shark Tank	4:20 - 5:30	Ms. Jana	600 cz	12
	KickBoxing	Primary Jidelna	3:45 – 4:45	Ms. Jade	-	16
	LAMDA	Marlowe (AC)	3:30 – 4:45	Mr. Adam (PYT)	1500 cz	14
	Boat Building	Early Years Garage	3:45 – 4:45	Mr Wagner	350 cz	10
	Swimming Team (Invitation only)	Vystaviste Holesovice	4:00 – 5:30	Mr. Fernando / Mrs. Gilham	1750 cz	12
Thursday	Earth for Life	Tesla(AC)	Lunchtime	Mrs. Duffield	-	-
	Calligraphy	Picasso (AC)	3:30 - 4:45	Mr. Gonzalez	-	10
	Painting Cub	Rodin	3.30 - 4.40	Miss Mac	-	10
	Homeless Outreach	Prague city	3:30 – 5:15	Mr. Celosse	-	-
	Photography Club	Cafeteria (JB)	3:30 – 4:45	Mr. Nam	-	10
	Glee Club	Smetana (JB)	3:30 – 4:45	Mr. Novak	-	-
	Model UN	Shelley (AC)	3:30 – 4:45	Mr. Telfer	-	-
	Kayaking	Sedlec	3:45 – 4:45	Mr. Akhurst	-	7
	Theatre Lab	Marlowe (AC)	3:30 – 4:45	Mr. Zappi	-	-
Friday	Student Council	Gallery (AC)	Lunchtime	Mr. Clarke	-	-
	Worship Club	Gallery (AC)	7:45 – 8:15	Mr. Novak	-	-

	Song Writing	Bowie (AC)	3:30 – 4:45	Mr. Zappi	-	-
	Elite Chamber Orchestra (Advanced Students)	Smetana (JB)	3:30 – 4:45	Mr. Maddocks	-	-
Saturday	Homeless Outreach	Prague city	08:00 – 10:30	Mr. Celosse	-	-
	Surf	Surf Arena Letnany	11:00 am– 12:00 pm (6 lessons in term 3)	Surf Arena	5000 cz	12

Riverside’s Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are:

- to provide our students with **specialist instruction**
- to promote a **higher level of challenge** for each student
- to provide opportunities for students to participate in activities they may not otherwise choose, or be aware they have a skill in
- to provide opportunities for students to **display** skills through competition and performance
- to provide opportunities for children to be **rewarded** through the outcomes and achievement in their **specialist** activity
- to introduce **skills** that students will use and **develop throughout their lifetime**
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions
- to provide **experiences** for our students that will enhance their opportunities in careers and higher education
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**
- to provide an opportunity to take **calculated risks** and from this develop **confidence** and **determination**
- to raise **self esteem**
- to develop **leadership** skills
- to develop **successful** sport men and women

