



SENIOR HIGH SKILLS FOR LIFE

Riverside School Prague

[Abstract](#)

This document is intended for those students that are attending Senior High at Riverside School Prague.

| Senior High Skills for Life – Term 2 (2019-2020) | | | | | | |
|--|---|------------------------|-------------|---|------------|------|
| Day | Skill for Life | Where | Time | Coordinator | Cost (czk) | Max. |
| Monday | Coding Masterclass | Erasmus (AC) | Lunchtime | Mr. Hellam | - | - |
| | Running Club | Gallery (AC) | 3:30 – 4:45 | Mr. Philbin | - | 15 |
| | Extended Essay | Klein (AC) | 3:30 – 4:45 | Mrs. Telfer | - | - |
| | Girls Football Club | Sedlec | 3:45 - 5:00 | Mr. Aston | - | - |
| | Basketball Team | Shark Tank | 4:20 - 5:30 | Mr. Piet | - | 20 |
| | TOK Clinics | Keats (AC) | 3:30 – 4:45 | Mr. Griffiths | - | 10 |
| | MUN Committee | Austen (AC) | 3:30 – 4:45 | Mr. Russell | - | - |
| | Creative Journaling / Scrapbooking | Da Vinci (AC) | 3:30 - 4:45 | Ms. Partridge | - | 10 |
| | Beginners Crossfit Club | Gallery (AC) | 3:30 – 4:45 | Ms. Barker | - | 12 |
| Tuesday | Swimming Club | Vystaviste Holesovice | 7:00 – 8:00 | Mr. Fernando | 1750 cz | 24 |
| | Economics Club | Annan (AC) | Lunchtime | Mr. Kudashvili | - | - |
| | Theatre Lab | Marlowe (AC) | 3:30 – 4:45 | Mr. Zappi | - | - |
| | Girls Basketball Team | Shark Tank | 3:45 – 4:45 | Ms. O'Connor | - | 20 |
| | Riverside Rush Newspaper Club | Shelley (AC) | 3:30 – 4:30 | Mr. Pickering | - | - |
| | Creative Writing | Shelley (AC) | 3:30 – 4:45 | Mr. Telfer | - | - |
| | EAL Homework Support | EAL Room (JB) | 3:30 – 4:45 | Mrs. Wagner | - | 12 |
| | Level 3 Music Production (Y12 - Y13) | Smetana and Bowie (JB) | 3:30 - 4:45 | Mr. Fullarton | • | 5 |
| | Photography Club | Da Vinci (AC) | 3:30 – 4:45 | Mr. Simpson | - | 12 |
| | Rock Climbing | Mammut Hall | 3:30 – 4:45 | Ms.Jana / Mr. Wagner / Mr. Plummer / Mr Jorge | 1500 cz | 16 |
| | International Film Club | Chanel (AC) | 3:30 – 4:45 | Ms. Wery | - | - |
| Wednesday | LAMDA | Marlowe (AC) | 3:30 – 4:45 | Mr. Adam (PYT) | 1500 cz | 14 |
| | Graphic Design | Rodin (AC) | 3:30 – 4:45 | Mr. Nam | - | 14 |
| | Boat Building | Early Years Garage | 3:45 – 4:45 | Mr Wagner | 500 cz | 10 |
| | Swimming Team (Invitation only) | Vystaviste Holesovice | 4:00 – 5:30 | Mr. Fernando | 1850 cz | 12 |
| Thursday | Health Club (Cooking, Fitness and 1st aids) | Rousseau (JB) | Lunchtime | Mrs.Nagar | - | - |
| | String Ensemble | Smetana (JB) | Lunchtime | Mr. Novak | - | - |
| | Calligraphy | Picasso (AC) | 3:30 - 4:45 | Mr. Gonzalez | - | 10 |
| | Study Center | Kepler (AC) | 3:30 - 4:45 | Ms. Ntafopoulou | - | - |
| | Engineering Club | Early Years Garage | 3:45 – 5:00 | Mr. Evans | 500 cz | 8 |
| | Basketball Team | Shark Tank | 4:20 - 5:30 | Mr. Piet | - | 20 |
| | Worship Rehearsals Club | Gallery (AC) | 3:30 - 4:45 | Mr. Novak | - | - |
| | Wrestling Club | Marlowe (AC) | 3:30 - 4:45 | Mr. Stine | - | 12 |
| | Homeless Outreach | Prague city | 3:30 – 5:15 | Mr. Celosse / Mrs. Celosse | - | - |
| | Theatre Lab | Klein (AC) | 3:30 – 4:45 | Mr. Zappi | - | - |
| Friday | Student Council | Gallery (AC) | Lunchtime | Mr. Clarke | - | - |
| | Coding Masterclass | Erasmus (AC) | Lunchtime | Mr. Hellam | - | - |
| | Volleyball | Shark Tank | 4:20 - 5:20 | Mr Fernando | - | - |
| | Self Defence / Krav Maga | Martial Arts Academy | 4:00 - 5:00 | Mrs. Freeman | 2000 cz | 10 |
| | Chess Club | Gallery (AC) | 3:30 – 4:45 | Mr. Launder | - | 12 |
| | Song Writing | Bowie (AC) | 3:30 – 4:45 | Mr. Zappi | - | - |

| | | | | | | |
|-----------------|--------------------------|-------------|------------------|----------------------------|---|---|
| Saturday | Homeless Outreach | Prague city | 08:00 – 10:30 | Mr. Celosse / Mrs. Celosse | - | - |
|-----------------|--------------------------|-------------|------------------|----------------------------|---|---|

Riverside's Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are:

- to provide our students with **specialist instruction**
- to promote a **higher level of challenge** for each student
- to provide opportunities for students to participate in activities they may not otherwise choose, or be aware they have a skill in
- to provide opportunities for students to **display** skills through competition and performance
- to provide opportunities for children to be **rewarded** through the outcomes and achievement in their **specialist** activity
- to introduce **skills** that students will use and **develop throughout their lifetime**
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions
- to provide **experiences** for our students that will enhance their opportunities in careers and higher education
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**
- to provide an opportunity to take **calculated risks** and from this develop **confidence** and **determination**
- to raise **self esteem**
- to develop **leadership** skills
- to develop **successful** sport men and women

