



# YEAR 1 SKILLS FOR LIFE

Riverside School Prague

[Abstract](#)

This document is intended for those students that are attending Year 1 at Riverside Primary School Prague.

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## Year 1 Skills for Life – Term 1.1 (2020 - 2021)

Day	Skill for Life	Where	Time	Coordinator	Cost (czk)
Monday	Book Making	Ms. Carne's Room	3:30 – 4:20	Ms. Carne / Ms. Xeniya	-
	Active Games	Playground	3:30 – 4:20	Ms. Jana / Ms. Giulia	-
Tuesday	Italian Language Club	Ms. Carne's Room	3:30 – 4:20	Ms Giulia	-
	Yoga Club	Riverside Jidelna	3:30 – 4:20	Ms. Veliotes	-
	Origami Club	Ms. O'Brien's Room	3:30 - 4:20	Ms. Kidd	-
Wednesday	Ballet Club	Primary Jidelna	3:30 – 4:20	Rosa Danza / Ms. Xeniya	1200 cz
	Ball Games	3G	3:30 – 4:20	Mr. Piet / Ms. Kidd	-
Thursday	Lego Robotics	Ms. Carne's Room	3:30 – 4:20	Kiddum / Ms. Kidd	1000 cz
	Zoology	Ms. O'Brien's Room	3:30 – 4:20	Ms. O'Brien	-
	Dance Club	Ms. Ojeda's Room	3:30 - 4:20	Ms. Ojeda	-
Friday	Football	3g	3:30 - 4:20	Prague English Football School / Ms. Giulia	400 cz
	Draw and Paint	Ms. Ojeda's Room	3:30 - 4:20	Ms. Xeniya	-
Saturday	Swimming Club	Vystaviste Pool	10:00 - 11:00 am	WRSS	1050 cz

Riverside's Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are:

- to provide our students with **specialist instruction**.
- to promote a **higher level of challenge** for each student.
- to provide **opportunities for students** to participate in activities they may not otherwise choose, or be aware they have a skill in.
- to provide opportunities for students **to display skills** through competition and performance.
- to provide opportunities for children to be rewarded through the outcomes and achievement in their **specialist activity**.
- to introduce skills that students will use and **develop throughout their lifetime**.
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions.
- to provide experiences for our students that will enhance their opportunities in **careers and higher education**.
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**.
- to provide an opportunity to take **calculated risks** and from this develop **confidence and determination**.
- to raise **self-esteem**.
- to develop **leadership skills**.
- to develop **successful sport men and women**.

