



YEAR 9 TO YEAR 13 SKILLS FOR LIFE

Riverside School Prague

[Abstract](#)

This document is intended for those students that are attending Year 9 to 13 at Riverside High School Prague.

Physical Education Department
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Year 7 - 8 Skills for Life – Term 1.1 (2020 - 2021)

Day	Skill for Life	Where	Time	Coordinator	Cost (czk)
Monday	Extended Essay Support	Klein (AC)	3:30 – 4:45	Mrs. Telfer	-
	Economics Club	Annan (AC)	3:30 – 4:45	Mr. Kudashvili	-
	Journaling Club	Da Vinci (AC)	3:30 – 4:45	Mrs. Ntafopoulou	-
	Comedy Club	Austen (AC)	3:30 – 4:45	Mr. Telfer	-
	Guitar Building Club	Da Vinci (AC)	3:30 – 4:45	Mr. Myers	3000 cz
	Year 12 Music Technology	Smetana and Bowie (JB)	3:30 - 4:45	Mr. Fullarton	-
	Riverside Rush Newspaper Club	Shelley (AC)	3:30 – 4:45	Mr. Pickering	-
	Modern Dance Club	Marlowe (AC)	3:30 – 4:45	Ms. Zebrowska	-
	Cello Club	Resource Center (JB)	3:30 – 4:30	Mrs. Blahova	-
Tuesday	Swimming Club	Vystaviste Holesovice	7:00 – 8:00	Mr. Fernando	850 cz
	Radio Play Production	Marlowe (AC)	3:30 – 4:45	Mr. Zappi	-
	Fundamentals of Weight Training	Factory Pro Gym	3:30 – 4:45	Mr. Taufer	-
	City Walking Club	Gallery (AC) / Prague	3:30 – 4:45	Mrs. Celosse	-
	Photography Club	Da Vinci (AC)	3:30 – 4:45	Mr. Simpson	-
	Origami Club	Kingsley (AC)	3:30 – 4:45	Mr. Plummer	-
	Boys Basketball Team	Shark Tank (Sedlec)	3:45 - 5:00	Mr. Piet	-
	Year 9-13 Girls Football Club	Sedlec 3g pitch	3:45 - 5:00	Mr. Vergatos	-
	Grand Reporter Club	Gallery (AC)	3:30 – 4:45	Mrs. Saunier	-
Wednesday	Fundamentals of Weight Training	Factory Pro Gym	7:00 - 8:00	Mr. Taufer	-
	Running Club	Arts Center / Letna Park	6:45 - 7:45	Mrs. Muller	-
	Mountain Biking Club (Y9-Y10)	Arts Center / Stromovka Park	3:30 - 4:45	Mr. Kainc	-
	LAMDA	Marlowe (AC)	3:30 – 4:45	Mr. Adam (PYT)	750 cz
Thursday	Calligraphy	Picasso (AC)	3:30 - 4:45	Mr. Gonzalez	150 cz
	Drawing MasterClass	Rodin (AC)	3:30 – 4:45	Mrs. O'Brien	-
	Engineering Club	Early Years Garage	3:45 – 5:00	Mr. Evans	300 cz
	Mountain Biking Club (Y11-Y13)	Arts Center / Stromovka Park	3:30 - 4:45	Mr. Kainc	-
	Girls Basketball Team	Shark Tank (Sedlec)	3:45 - 5:00	Mr. Fernando	-
	String Ensemble	Smetana (JB)	3:30 – 4:45	Mr. Novak	-
	Model UN	Watson (AC)	3:30 – 4:45	Mr. Russell	-
	Christian Union	Tacitus (AC)	3:30 – 4:45	Mr. Loo	-
	Radio Play Production	Marlowe (AC)	3:30 – 4:45	Mr. Zappi	-
	Year 9-13 Boys Football Club	Sedlec 3g pitch	3:45 - 5:00	Mr. Ugolini	-
GO!	Erasmus (AC)	3:30 – 4:45	Mr. Hellam	-	
Friday	Student Council	Tacitus (AC)	Lunchtime	Mr. Clarke	-
	Ted-Ed	Klein (AC)	3:30 – 4:45	Mrs. Russell	-
	Volleyball Team	Shark Tank (Sedlec)	3:45 - 4:45	Mr. Jorge	-
	Homeless Outreach Prep.	Gallery (AC)	3:30 – 4:45	Mr. Celosse	-
	Chess Club	Tacitus (AC)	3:30 – 4:45	Mr. Launder	-
	Song Writing	Marlowe (AC)	3:30 – 4:45	Mr. Zappi	-

Riverside's Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are:

- to provide our students with **specialist instruction**.
- to promote a **higher level of challenge** for each student.
- to provide **opportunities for students** to participate in activities they may not otherwise choose, or be aware they have a skill in.
- to provide opportunities for students **to display skills** through competition and performance.
- to provide opportunities for children to be rewarded through the outcomes and achievement in their **specialist activity**.
- to introduce skills that students will use and **develop throughout their lifetime**.
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions.
- to provide experiences for our students that will enhance their opportunities in **careers and higher education**.
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**.
- to provide an opportunity to take **calculated risks** and from this develop **confidence and determination**.
- to raise **self-esteem**.
- to develop **leadership skills**.
- to develop **successful sport men and women**.

