



YEAR 1 SKILLS FOR LIFE

Riverside School Prague

[Abstract](#)

This document is intended for those students that are attending Year 1 at Riverside Primary School Prague.

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Year 1 Skills for Life – Term 1.2 (2020 - 2021)

| Day | Skill for Life | Where | Time | Coordinator | Cost (czk) | Max. |
|-----------|----------------|--------------------|---------------------|---|------------|------|
| Monday | Book Making | Ms. Carne's Room | 3:30 – 4:20 | Ms. Carne / Ms. Xeniya | - | 15 |
| | Dance Club | Ms. Ojeda's Room | 3:30 – 4:20 | Ms. Ojeda | - | 15 |
| Tuesday | Yoga Club | Riverside Jidelna | 3:30 – 4:20 | Ms. Veliotes | - | 15 |
| | Origami Club | Ms. O'Brien's Room | 3:30 - 4:20 | Ms. Kidd | - | 15 |
| Wednesday | Ballet Club | Primary Jidelna | 3:30 – 4:20 | Rosa Danza / Ms. Xeniya | 1200 cz | 12 |
| | Ball Games | 3G | 3:30 – 4:20 | Mr. Piet / Ms. Kidd | - | 15 |
| Thursday | Lego Robotics | Ms. Carne's Room | 3:30 – 4:20 | Kiddum / Ms. Kidd | 1000 cz | 12 |
| | Zoology | Ms. O'Brien's Room | 3:30 – 4:20 | Ms. O'Brien | - | 15 |
| | Gymnastics | Shark Tank | 3:30 - 4:20 | Mr. Fernando | - | 15 |
| Friday | Football | 3g | 3:30 - 4:20 | Prague English Football School / Ms. Giulia | 400 cz | 15 |
| | Draw and Paint | Ms. Ojeda's Room | 3:30 - 4:20 | Ms. Xeniya | - | 15 |
| Saturday | Swimming Club | Vystaviste Pool | 10:00 - 11:00 am | WRSS | 1050 cz | 15 |

Riverside's Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are:

- to provide our students with **specialist instruction**.
- to promote a **higher level of challenge** for each student.
- to provide **opportunities for students** to participate in activities they may not otherwise choose, or be aware they have a skill in.
- to provide opportunities for students **to display skills** through competition and performance.
- to provide opportunities for children to be rewarded through the outcomes and achievement in their **specialist activity**.
- to introduce skills that students will use and **develop throughout their lifetime**.
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions.
- to provide experiences for our students that will enhance their opportunities in **careers and higher education**.
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**.
- to provide an opportunity to take **calculated risks** and from this develop **confidence and determination**.
- to raise **self-esteem**.
- to develop **leadership skills**.
- to develop **successful sport men and women**.

