



YEAR 3 AND YEAR 4 SKILLS FOR LIFE

Riverside School Prague

[Abstract](#)

This document is intended for those students that are attending Year 3 and Year 4 at Riverside Primary School Prague.

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Year 3 - 4 Skills for Life – Term 1 (2021 - 2022)

Day	Skill for Life	Where	Time	Coordinator	Cost (czk)	Max.
Monday	Reading for Fun!	Mrs. Bouda's Room	3:30 – 4:20	Mrs. Bouda	-	14
	Football	3G	3:30 – 4:20	Mr. Ward	-	20
	Brain Games	Ms. Ross' Room	3:30 – 4:20	Ms. Roos	-	14
Tuesday	SkateBoarding	Shark Tank	3:30 – 4:20	Mr. Radek / Mr. De Keijser	1700 cz	24
	Lego Robotics	Ms. Herpin's Room	3:30 – 4:20	Kiddum	2000 cz	12
	Hand Stitching club	Mr. Ward's Room	3:30 – 4:20	Ms. Sibia & Mrs. Castro	300 cz	14
	Dance Yoga	Jidelna	3:30 – 4:20	Ms. Herpin	-	14
Wednesday	Hip Hop	Jidelna	3:30 – 4:20	Mr. Bruno / Ms. Sibia	1500 cz	14
	Young Film Set	Mrs. Bouda's Room	3:30 – 4:20	Young Film Set / Mr. De Keijser	2600 cz	14
	Tennis	Shark Tank	3:30 – 4:20	Tennis Balance	1500 cz	14
	Kwik Cricket	Shark Tank	3:30 – 4:20	Mr. McCloy	-	16
Thursday	Music Club	Music Room	3:30 – 4:20	Mrs. Daskova	-	14
	Jeopardy	Mrs. Bouda's Room	3:30 – 4:20	Ms. Spring	-	14
	Rugby Club	3G Pitch	3:30 – 4:20	Mr. De Keijse	-	14
Friday	Inline Skating	Shark Tank	3:30 – 4:20	Inline Talent / Ms. Sibia	1350 cz	25
Saturday	Swimming Club (Y3 - Y4)	Vystaviste	11:00 - 12:00	WRSS	2200 cz	20
	Tennis School (Year 3-4)	Petriny	11:00 - 12:00	Tennis Balance	2600 cz	10
	Morning Football	3G	9:30 – 11:00	Mr. McCloy	1650 cz	-

Riverside's Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are:

- to provide our students with **specialist instruction**.
- to promote a **higher level of challenge** for each student.
- to provide **opportunities for students** to participate in activities they may not otherwise choose, or be aware they have a skill in.
- to provide opportunities for students **to display skills** through competition and performance.
- to provide opportunities for children to be rewarded through the outcomes and achievement in their **specialist activity**.
- to introduce skills that students will use and **develop throughout their lifetime**.
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions.
- to provide experiences for our students that will enhance their opportunities in **careers and higher education**.
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**.
- to provide an opportunity to take **calculated risks** and from this develop **confidence and determination**.
- to raise **self-esteem**.
- to develop **leadership skills**.
- to develop **successful sport men and women**.

