



YEAR 7 AND YEAR 8 SKILLS FOR LIFE

Riverside School Prague

[Abstract](#)

This document is intended for those students that are attending Year 7 and Year 8 at Riverside School Prague.

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Year 7 - Year 8 Skills for Life – Term 1 (2021 - 2022)

Day	Skill for Life	Where	Time	Coordinator	Cost (czk)	Max.
Monday	Show time Term 1 & 2	JH Cafeteria (JB)	3:30 – 4:45	Mrs. Sellers	-	-
	Softball	Park	3:30 – 4:45	Mr. Jorge	-	20
	Nintendo Club	Palacky (JB)	3:30 – 4:45	Mr. Ellis	-	14
Tuesday	Swimming Club	Vystaviste Holesovice	7:00 – 8:00	Mr. Fernando	2100 cz	24
	The Shark Scribbler	Rowling (JB)	3:30 – 4:45	Mr. Kidd	-	14
	Student Council	Luther (JB)	3:30 – 4:45	Ms. Marti / Ms. Reilly / Ms. Dignan	-	15
	3D Design and Printing	Palacky (JB)	3:30 – 4:45	Mr. Hellam	-	14
	Boys Football Club	Letna Football Pitch	4:00 - 5:30	Mr. Smith	400 cz	20
	Beach Tennis	Park	3:30 – 4:45	Mr. Vergara	-	16
	Canoe Club	Sedlec (Primary Campus)	3:45 - 4:45	Mr. Kainc / Mrs. Muller	-	14
	Elite Orchestra, Band and Glee Club (Advanced Students - by invitation or audition)	Cafeteria (JB)	3:30 – 4:45	Mr. Maddocks	-	-
Wednesday	Swimming Team (by invitation)	Vystaviste Holesovice	4:00 – 5:30	Mr. Fernando / Mr. Vergara	2100 cz	12
	Dungeons and Dragons Club	Cafeteria (JB)	3:30 – 4:30	Heroe Hub	2500 cz	8
	Table Tennis	Courtyard (JB)	3:30 – 4:30	Mr. Jorge	-	12
	MTB Club	Stromovka Park	3:30 – 4:45	Mr. Kainc	-	8
Thursday	Friendship Bracelets	Rousseau (JB)	3:30 – 4:45	Ms. Mullerova	200 cz	14
	Science Fair	Curie (JB)	3:30 – 4:45	Mr. Millar / Mrs. Calabria	-	20
	Art Club	Da Vinci (AC)	3:30 – 4:45	Ms. Trtikova	-	14
	Girls Football	Letna Football Pitch	4:00 - 5:30	Mr. Fernando / Mr. Jorge	400 cz	20
	Rock Climbing (From November)	Mammut Hall Holesovice	3:30 - 5:00	Mr. Kainc / Mr. Vergara	850 cz	14
Friday						
Saturday	Swimming Club (Y7 - Y9)	Vystaviste	12:00 - 13:00	WRSS	2200 cz	15
	Tennis School (Year 7-9)	Petriny	9:00 - 10:00	Tennis Balance	2600 cz	10

Riverside's Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are:

- to provide our students with **specialist instruction**.
- to promote a **higher level of challenge** for each student.
- to provide **opportunities for students** to participate in activities they may not otherwise choose, or be aware they have a skill in.
- to provide opportunities for students **to display skills** through competition and performance.
- to provide opportunities for children to be rewarded through the outcomes and achievement in their **specialist activity**.
- to introduce skills that students will use and **develop throughout their lifetime**.
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions.
- to provide experiences for our students that will enhance their opportunities in **careers and higher education**.
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**.
- to provide an opportunity to take **calculated risks** and from this develop **confidence and determination**.
- to raise **self-esteem**.
- to develop **leadership skills**.
- to develop **successful sport men and women**.

