



Riverside School
Prague

YEAR 9 TO YEAR 13
SKILLS FOR LIFE
Riverside School Prague

Abstract

This document is intended for those students that are attending Year 9 to Year 13 at Riverside Senior High School Prague.

Physical Education Department
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Year 9 to Year 13 Skills for Life – Term 2 (2021-2022)

Day	Skill for Life	Where	Time	Coordinator	Cost (czk)	Max.
Monday	Girls Football	Sedlec (Primary)	3:45 - 4:45	Mr. McCloy	-	20
	Modern Dance	Marlowe (AC)	3:30 – 4:30	Mrs. Zebrowska	-	12
	AudioBook CreationSport	Keats (AC)	3:30 – 4:30	Mr. Telfer	-	14
	Chess Club	Tacitus (AC)	3:30 – 4:45	Mr. Launder	-	14
	Journaling	Picasso (AC)	3:30 – 4:45	Mr. Gonzalez	-	14
	Homeless Outreach	Kitchen (AC) Prague city	3:30 – 5:15	Mr. Celosse	-	-
	Silence, Serenity and Coloring	Klein (AC)	3:30 – 4:45	Mrs. Telfer	-	14
	SH Assembly Musicians	Gallery (AC)	3:30 – 4:45	Mr. Fullarton	-	-
	Economics Club	Annan (AC)	3:30 – 4:30	Mr. Kudashvili	-	14
	Yoga Club	4th Floor (AC)	3:30 – 4:30	Ms. Gonzalez	-	8
	Eco Farm Project	Metronom EcoFarm	3:30 – 4:45	Mrs. Saunier	-	14
Tuesday	Swimming Club	Vystaviste Holesovice	7:00 – 8:00	Mr. Fernando	2100 cz	24
	Controlling Stress	Picasso	Lunchtime	Mrs. Irus	-	14
	Student Council (Y9)	Luther (JB)	Lunchtime	Ms. Marti / Ms. Reilly / Ms. Dignan	-	15
	Riverside Rush Newspaper Club	Shelley (AC)	3:30 – 4:30	Mr. Pickering	-	14
	Eco Council	Gallery (AC)	3:30 – 4:45	Ms. Levison	-	-
	Urban Walking Club	Prague City	3:30 – 4:45	Mrs. Celosse	-	14
	Rap and Beats Production Club	Pascal (AC)	3:30 – 4:45	Mr. Loo	-	10
	Weightlifting Training (Y12-13)	Factory Pro	3:30 – 4:45	Mr. Taufer	-	8
Wednesday	Duke of Edinburgh	Floor 2 (Euclid / DaVinci)	Lunchtime (Period 5 and 6)	Mrs. Plummer / Mrs. Entwistle / Mr. Stine / Mr. Bevan	-	-
	LAMDA	Marlowe (AC)	3:30 – 4:45	Mr. Adam (PYT)	1500 cz	14
	Dungeons and Dragons Club (Y9)	Cafeteria (JB)	3:30 – 4:30	Heroe Hub	2100 cz	8
	Study Center (Y10-Y13)	Gallery (AC)	3:30 – 4:25	Mr. Heckel	-	-
	Swimming Club	Vystaviste Holesovice	4:00 – 5:30	Mr. Fernando	2100 cz	12
Thursday	Rock Climbing (Starting in 2.2)	CTU Podbaba Hall	7:00 - 8:00	Mr. Kainc / Mr. Pablo	800 cz	12
	Model UN	Pascal (AC)	3:30 – 4:45	Mr. Plummer	-	20
	Drawing Masterclass	Rodin (AC)	3:30 – 4:45	Ms. O’Brien	-	14
	Latin Thinkers & Language	Languages Resource Room (AC)	3:30 – 4:45	Mr. Heckel	-	14
	Boys Football Club	3G Pitch Sedlec	3:45 - 4:45	Mr. Alvarez	-	15
	Science Fair (Only Year 9)	Curie (JB)	3:30 – 4:45	Mr. Millar / Mrs. Calabria	-	20
	Running Club	Letna Park	3:30 – 4:45	Mr. Ugolini	-	14
	Corner Concert Productions	Smetana (JB)	3:30 – 4:45	Mr. Myers	-	12
	Stock Market Club	Tacitus	3:30 – 4:45	Alex Hughes (Student)	-	12
Friday	Student Council	Gallery (AC)	3:30 – 4:45	Mr. Clarke	-	-
	Engineering Club (Year 10 - Year 13)	Early Years Garage	3:45 – 5:00	Mr. Evans	500 cz	8
	3D Design and Printing	Erasmus (AC)	3:30 – 4:45	Mr. Hellam	-	14
Saturday	Swimming Club (Y9)	Vystaviste	12:00 - 13:00	WRSS	2000 cz	15
	Kayaking Rolls	Vystaviste pool	11:30 - 13:00 (4 dates)	Mr. Kainc / Mrs. Muller	1100 cz	7

Riverside's Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are:

- to provide our students with **specialist instruction**.
- to promote a **higher level of challenge** for each student.
- to provide **opportunities for students** to participate in activities they may not otherwise choose, or be aware they have a skill in.
- to provide opportunities for students **to display skills** through competition and performance.
- to provide opportunities for children to be rewarded through the outcomes and achievement in their **specialist activity**.
- to introduce skills that students will use and **develop throughout their lifetime**.
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions.
- to provide experiences for our students that will enhance their opportunities in **careers and higher education**.
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**.
- to provide an opportunity to take **calculated risks** and from this develop **confidence and determination**.
- to raise **self-esteem**.
- to develop **leadership skills**.
- to develop **successful sport men and women**.

