



YEAR 5 AND YEAR 6 SKILLS FOR LIFE

Riverside School Prague

Abstract

This document is intended for those students that are attending Year 5 and Year 6 at Riverside Primary School Prague.

Physical Education Department
Fernandomartinez@riversideschool.cz

Year 3 to 6 Skills for Life – Term 3 (2021 - 2022)

Day	Skill for Life	Where	Time	Coordinator	Cost (czk)	Max.
Monday	Creative Writing Club	Ms. Kingscott's Room	3:30 – 4:20	Ms. Kulb	-	14
	Basketball (Y5-6)	Riverview Court / Shark Tank	3:30 – 4:20	Mr. Muller	-	24
	Debate Club	Mr. Ward's Room	3:30 – 4:20	Mr. Brown	-	14
	Books and Biscuits Club	Ms. Wurtz's Room	3:30 – 4:20	Ms. Wurtz	-	14
	Reading for Fun!	Mrs. Bouda's Room	3:30 – 4:20	Mrs. Bouda	-	14
	Linocut Studio	Art Room	3:30 – 4:20	Ms. Lucie	500 cz	14
	Football (Y4-6)	3G	3:30 – 4:20	Mr. Ward	-	20
Tuesday	SkateBoarding	Shark Tank	3:30 – 4:20	Mr. Blaha	1600 cz	18
	Outdoor Art	Ms. Kingscott's Room	3:30 – 4:20	Ms. Kingscott	-	14
	Bullet Journal Club	Mrs. Bouda's Room	3:30 – 4:20	Mrs. Spring	-	14
	Lego Robotics	Ms. Herpin's Room	3:30 – 4:20	Kiddum / Mr. Felix	2000 cz	12
	Taekwondo	Jidelna	3:30 – 4:20	Mrs. Freeman	2000 cz	18
	Multisports Club	Shark Tank	3:30 – 4:20	Mr. Pablo	-	16
	Running Club (Y3-4)	Playground	3:30 – 4:20	Ms. Veliotes	-	16
	Hand Stitching club	Mr. Ward's Room	3:30 – 4:20	Ms. Sibia & Mrs. Castro	300 cz	14
	Canoeing Club (Y6)	Vltava River	3:30 – 4:30	Mr. Millar - Mrs. Muller	-	15
Wednesday	Young Fim Set	Mr. Muller's Room	3:30 – 4:20	Young Film Set / Ms. Milena	2200 cz	16
	Ceramics (Y5-6)	Art Room	3:30 – 4:20	Ms. Jagadics	250 cz	10
	Playground Games	Playground	3:30 – 4:20	Mr. Burt	-	16
	Football Club (Y1-Y3)	3G Pitch	3:30 – 4:20	Prague Raptors	1250 cz	16
	Hip Hop Dance	Music Room	3:30 – 4:20	Mr. Bruno / Ms. Sibia	1500 cz	14
	Ballet (Y3)	Jidelna	3:30 – 4:20	Rosa Danza	1600 cz	12
	Basketball (Y3-4)	Shark Tank	3:30 – 4:20	Mr. McCloy	-	16
	Tennis	Shark Tank	3:30 – 4:20	Tennis Balance	1500 cz	15
Thursday	Choir Club	Music Room	3:30 – 4:20	Ms. Klinge	-	20
	Lego Robotics	Mrs. Hudd's Room	3:30 – 4:20	Kiddum / Ms. Milena	1800 cz	12
	Music Club	Music Room	3:30 – 4:20	Mrs. Daskova	-	12
	Gardening Club	Ms. Herpin's Room	3:30 – 4:20	Ms. Herpin / Ms. Sibia	150 cz	18
	Dodgeball Club	Shark Tank	3:30 – 4:20	Mr. Jorge	-	16
	Rugby Club	3G Pitch	3:30 – 4:20	Mr. Felix	-	16
	Volleyball Club	Beach Volleyball Pitch	3:30 – 4:20	Mr. Fletcher	-	14
	Hamma Beads	Ms. Ross' Room	3:30 – 4:20	Ms. Roos	300 cz	18
Friday	Running Club (Y5-6)	River Path	3:30 – 4:20	Mrs. Hudd / Mr. Hudd	-	24
	Makerspace Club	Makerspace Area	3:30 – 4:20	Mrs. Stine	-	12
	LAMDA	Mr. Fletcher's Room	3:30 – 4:20	Prague Youth Theatre / Ms. Milena	1750 cz	8
	Cricket Club	3G Pitch	3:30 – 4:20	Mr. McCloy	-	16
	Inline Skating	Shark Tank	3:30 – 4:20	Inline Talent / Ms. Sibia	1350 cz	25

Saturday	Indoor Surfing Club (3 sessions) (Y5-6)	SurfArena	10:00 - 11:00	SurfArena	4750 czk	12
	Swimming Club (Y3 - Y4)	Vystaviste	11:00 - 12:00	WRSS	2000 cz	20
	Swimming Club (Y5 - Y6)	Vystaviste	12:00 - 13:00	WRSS	2000 cz	15

Riverside's Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are:

- to provide our students with **specialist instruction**.
- to promote a **higher level of challenge** for each student.
- to provide **opportunities for students** to participate in activities they may not otherwise choose, or be aware they have a skill in.
- to provide opportunities for students **to display skills** through competition and performance.
- to provide opportunities for children to be rewarded through the outcomes and achievement in their **specialist activity**.
- to introduce skills that students will use and **develop throughout their lifetime**.
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions.
- to provide experiences for our students that will enhance their opportunities in **careers and higher education**.
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**.
- to provide an opportunity to take **calculated risks** and from this develop **confidence and determination**.
- to raise **self-esteem**.
- to develop **leadership skills**.
- to develop **successful sport men and women**.

