



Riverside School
Prague

SENIOR HIGH SKILLS FOR LIFE

Riverside School Prague

Abstract

This document is intended for those students that are attending Year 10 to Year 13 at Riverside School Prague.

Physical Education Department
Fernandomartinez@riversideschool.cz

Senior High Skills for Life – Term 1 (2022-2023)						
Day	Skill for Life	Where	Time	Coordinator	Cost (czk)	Max.
Monday	Boys Football Club (Until November)	Letna Football Pitch	3:45 - 5:15	Mr. Taufer / Mr. Marris	300 cz	-
	Volleyball Club	Sedlec (Primary School)	3:45 - 5:15	Mr. Jorge	-	20
	Riverside Rush Newspaper Club	Shelley (AC)	3:30 – 4:30	Mr. Pickering	-	-
	Chess Club	Tacitus (AC)	3:30 – 4:30	Mr. Launder	-	14
	Journaling	Picasso (AC)	3:30 – 4:30	Mr. Gonzalez	-	-
	Homeless Outreach	4th Floor Prague city	3:30 – 5:15	Mr. Celosse	-	-
	Electronic Music Production	Bowie (JB)	3:30 – 4:30	Mr. Fullarton	-	12
	Extended Essay Club	Annan (AC)	3:30 – 4:30	Mrs. Levison	-	-
	IB/IGCSE Art Clinic	Da Vinci (AC)	3:30 - 4:40	Ms. O'Brien	-	12
	Girls Basketball Club (From November 7th)	Sedlec (Primary School)	3:45 - 5:00	Mr. Jorge / Mr. McCloy	-	25
Tuesday	Swimming Club	Vystaviste Holesovice	7:00 – 8:00	Mr. Fernando	2100 cz	18
	Theatre Lab	Marlowe (AC)	3:30 – 4:30	Mrs. Sellers / Ms. Martyn / Mrs. Zebrowska	-	-
	Girls Football Club (Until November)	Letna Football Pitch	3:45 - 5:15	Mr. Fernando / Mr. McCloy	300 cz	-
	Duke of Edinburgh (Y10 and new students)	Gallery (AC)	3:30 – 4:30	Mrs. Entwistle / Mr. Bevan / Mr. Kidd	-	-
	Podcast Club	Tesla (AC)	3:30 - 4:30	Mr. Loo	-	14
	Line & Wash in a Travel	Kingsley (AC)	3:30 - 4:30	Mrs. Corpus	-	12
	Creativity Club	Keller (AC)	3:30 - 4:30	Mrs. Celosse	-	14
	Urban Farming	Metronom Farm (Stromovka)	3:30 – 4:45	Mrs. Saunier	300 cz	12
	Strategy Club	Euclid (AC)	3:30 - 4:30	Mr. Plummer	-	-
	SH Boys Basketball Team (From November 7th)	Sedlec (Primary School)	3:45 - 5 15	Mr. Ball	-	20
Rock Climbing (From November)	Podbaba Hall	7:00 - 8:00	Mr. Kainc / Mr. Wise	850 cz	14	
Wednesday	Duke of Edinburgh (Silver and Gold)	Gallery (AC)	Lunchtime	Mrs. Entwistle / Mr. Bevan / Mr. Kidd	-	-
	LAMDA	Marlowe (AC)	3:30 – 4:30	Mr. Adam (PYT)	2000 cz	14
	Swimming Team Practice	Vystaviste Holesovice	4:00 – 5:30	Mr. Fernando	2100 cz	21
	Running Club	Letna Park	3:30 - 4:30	Mr. Jorge	-	10
Thursday	Model UN	Pascal (AC)	3:30 – 4:30	Mr. Sutton	-	20
	Boys Football Club (Until November)	Letna Football Pitch	3:45 - 5:15	Mr. Taufer / Mr. Marris	300 cz	-
	Tennis Club	Letna Tennis Courts	4:00 - 5:00	Mr. Heckel	750 cz	8
	Running Club	Letna Park	3:30 – 4:30	Mr. Ugolini	-	10
	VALE DELE	Picasso (AC)	3:30 - 4:30	Mrs. Irus	-	14
	Drawing Masterclass	Da Vinci (AC)	3:30 – 4:30	Ms. Trtikova	-	16
	Corner Concerts Club	Bowie (JB)	3:30 - 4:30	Mr. Myers	-	-
	SH Boys Basketball Team (From November 7th)	Sedlec (Primary School)	3:45 - 5 15	Mr. Ball	-	20
	Girls Basketball Team (From November 7th)	Sedlec (Primary School)	3:45 - 5 15	Mr. Fernando / Ms. Davies	-	20
	Kayaking (Until Half Term)	Sedlec (Primary Campus)	3:45 - 5 15	Mr. Kainc	-	7
Friday	Student Council	Gallery (AC)	3:30 – 4:30	Mr. Clarke	-	-
	Wrestling Club	4th Floor (AC)	3:30 – 4:30	Mr. Stine	-	14

	3D Modeling and Printing	Da Vinci (AC)	3:30 - 4:30	Mr. Raiteri	-	12
	Zumba Club	5th Floor (AC)	3:30 – 4:30	Mrs. Torres	-	14
	Theatre Lab	Marlowe (AC)	3:30 – 4:30	Mrs. Sellers / Ms. Martyn / Mrs. Zebrowska	-	-
	Psychology society/ research and presentations for public speaking session	Klein (AC)	3:30 - 4:40	Mrs. Ball	-	14
	Special Effects	Erasmus (AC)	3:30 – 4:30	Mr. Hellam	-	14

Riverside’s Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are:

- to provide our students with **specialist instruction**.
- to promote a **higher level of challenge** for each student.
- to provide **opportunities for students** to participate in activities they may not otherwise choose, or be aware they have a skill in.
- to provide opportunities for students **to display skills** through competition and performance.
- to provide opportunities for children to be rewarded through the outcomes and achievement in their **specialist activity**.
- to introduce skills that students will use and **develop throughout their lifetime**.
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions.
- to provide experiences for our students that will enhance their opportunities in **careers and higher education**.
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**.
- to provide an opportunity to take **calculated risks** and from this develop **confidence and determination**.
- to raise **self-esteem**.
- to develop **leadership skills**.
- to develop **successful sport men and women**.

