



Riverside School
Prague

YEAR 3 TO YEAR 6 SKILLS
FOR LIFE
Riverside School Prague

Abstract

This document is intended for those students that are attending Year 3 to Year 6 at Riverside Primary School Prague.

Physical Education Department
Fernandomartinez@riversideschool.cz

Year 3 - 6 Skills for Life – Term 1 (2022 - 2023)

Day	Skill for Life	Where	Time	Coordinator	Cost (czk)	Max.
Monday	Storytelling Club	Mrs. Bouda's Room	3:30 – 4:20	Mrs. Bouda	-	14
	Football (Y3-Y4)	3G	3:30 – 4:20	Mr. Ward	-	20
	Drawing and Painting	Art Room	3:30 – 4:20	Ms. Baluchova	200 cz	14
	Japanese Language Club	Ms. Kulb's Room	3:30 – 4:20	Ms. Kulb	200 cz	15
	Backyard Games	Riverview Playground	3:30 – 4:20	Ms. Wurtz	-	15
	Rock Band	Drama Room	3:30 – 4:20	Mr. Haig	-	10
	Animal Lovers	Mr. Muller's Room	3:30 - 4:20	Ms. Shlapak	-	14
	Futsal (Y5-Y6)	Shark Tank	3:30 - 4:20	Mr. Wise	-	16
Tuesday	SkateBoarding	Shark Tank	3:30 – 4:20	Skola Skejtu / Ms. Berg	1900 cz	15
	Yoga Club	Ms. Gordon's Room	3:30 – 4:20	Ms. Gordon	-	14
	Basketball (Y5-6)	Shark Tank	3:30 – 4:20	Mr. Muller	-	18
	Stop Motion Animation	Ms. Gaffney's Room	3:30 – 4:20	Ms. Gaffney	-	14
	Ceramics (Y5-6)	Art Room	3:30 – 4:20	Mr. Edwards / Ms. Baluchova	500 cz	12
	Gardening	School Garden	3:30 – 4:20	Ms. Herpin	250 czk	14
	Active Games Club	School Playground	3:30 – 4:20	Ms. Pecuh	-	14
	Hand Stitching club	Mr. Ward's Room	3:30 – 4:20	Mrs. Castro	300 cz	14
Wednesday	Hip Hop	Drama Room	3:30 – 4:20	Mr. Bruno / Ms. Sally	1850 cz	12
	Young Film Set	Mrs. Bouda's Room	3:30 – 4:20	Young Film Set / Ms. Deepika	2500 cz	14
	Tennis	Shark Tank	3:30 – 4:20	Tennis Balance / Ms. Walker	1850 cz	15
	Taekwondo (Y5-6)	Jidelna	3:30 – 4:20	Mrs. Freeman / Ms. Sally	2500 cz	14
	Basketball (Y3-4)	Shark Tank	3:30 – 4:20	Mr. McCloy	-	18
	Netball	Shark Tank	3:30 – 4:20	Ms. Davies	-	14
	Fitness Club	Riverview Playground	3:30 – 4:20	Ms. Berg	-	14
Thursday	Taekwondo (Y3-4)	Jidelna	3:30 – 4:20	Mrs. Freeman / Ms. Deepika	2500 cz	14
	Books and Biscuits	Mrs. Bouda's Room	3:30 - 4:30	Ms. Spring	250 cz	15
	Czech Fun Games (Y3-4)	Czech Room	3:30 – 4:20	Ms. Velek	-	16
	Graphic Studio	Art Room	3:30 – 4:20	Ms. Baluchova	350 cz	14
	Floorball Club	Shark Tank	3:30 - 4:20	Mr. Jorge	-	14
	Lego Robotics	Ms. Herpin's Room	3:30 – 4:20	Kiddum / Ms. Berg	2200 cz	12
	Football Club (Y5-6)	3g Pitch	3:30 - 4:20	Mr. McCloy	-	20
	Field Hockey	Riverview Pitch	3:30 – 4:20	Mr. Stewart	-	14
Friday	Running Club	River Path	3:30 – 4:20	Mrs. Hudd / Mr. Hudd	-	20
	Touch Rugby	3G Pitch	3:30 - 4:20	Ms. Davies	-	16
	Public Speaking Club	Mr. Brown's Room	3:30 – 4:20	Mr. Brown	-	14
	Makerspace Club (Year 5 - Year 6)	Makerspace Room	3:30 – 4:20	Mrs. Stine	-	14
	Choir Club	Drama Room	3:30 - 4:20	Ms. Pinkney / Ms. Walker	-	30
	LAMDA	Mr. Muller's Room	3:30 - 4:20	Prague Youth Theatre / Ms. Walker	2000 cz	8

Saturday	Swimming Club (Y3 - Y4)	Vystaviste	11:00 - 12:00	WRSS	2200 cz	20
	Swimming Club (Y5 - Y6)	Vystaviste	12:00 - 13:00	WRSS	2200 cz	20
	Morning Football (Y3-4)	3G	9:00 – 10:00	Mr. McCloy / Mr. Ward	1800 cz	-
	Morning Football (Y5-6)	3G	10:15 – 11:15	Mr. McCloy / Mr. Ward	1800 cz	-

Riverside’s Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are:

- to provide our students with **specialist instruction**.
- to promote a **higher level of challenge** for each student.
- to provide **opportunities for students** to participate in activities they may not otherwise choose, or be aware they have a skill in.
- to provide opportunities for students **to display skills** through competition and performance.
- to provide opportunities for children to be rewarded through the outcomes and achievement in their **specialist activity**.
- to introduce skills that students will use and **develop throughout their lifetime**.
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions.
- to provide experiences for our students that will enhance their opportunities in **careers and higher education**.
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**.
- to provide an opportunity to take **calculated risks** and from this develop **confidence and determination**.
- to raise **self-esteem**.
- to develop **leadership skills**.
- to develop **successful sport men and women**.

