



Riverside School
Prague

EARLY YEARS SKILLS FOR LIFE

Riverside School Prague

Abstract

This document is intended for those students that are attending Reception and Nursery at Riverside Early Years School Prague.

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Riverside Early Years Clubs Term 2

- Clubs start on Monday, **9th January**.
- Clubs run from 3.00-3.45pm. If your child is enrolled in a club, please collect your child at 3.45 on that day or sign them up on-line for our Extended Day programme.
- Clubs are available for all **full day** children.
- Reception and *second year* Nursery students may enroll in three clubs per week.
- Nursery students (*first year*) may enroll in two clubs per week.
- There may be a limited number of children enrolled in some of our clubs, so we appreciate your understanding if your child does not get into their first-choice club.
- Sign-ups will be done online through SchoolsBuddy (including clubs from external providers).

In addition to our club's, Extended Day is available every day. The cost is 100kc/hour and runs from 3.00 until 4:45.

Early Years After School Programme (Skills for Life and Extended Day)					
	Monday	Tuesday	Wednesday	Thursday	Friday
3.00-3.45 Skills for Life (With a fee)		Cookery Club	Musical Ateliers (ISMFA)	Pre-Ballet (Rosa Dance and Movement Studio)	Football (Bruno Nobru de Souza)
		Cookery Club		Capoeira (Bruno Nobru de Souza)	Broadway Musical Club (Rosa Dance and Movement Studio)
3.00-3.45 Skills for Life (No fee)	Arts and Crafts		Staff Meeting	Construction	
	Sports Club				

Monday

- **Arts and Crafts:** Come and enjoy a great session of arts and crafts, you will learn new techniques while designing and having fun!
- **Sports Club:** We will enjoy a variety of sports and have fun being active while learning new skills

Tuesday

- **Cookery Club:** Come and become a chef with our expert staff! You will learn about food and healthy habits while having fun preparing your favourite dishes. (fee is 500 czk per term)

Wednesday

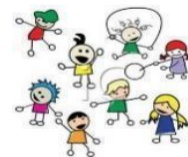
- Join us for **Musical Ateliers** and learn the basics of music and movement with ISMFA. (fees are 2700czk per term) *Minimum participation is 5 children.*

Thursday

- **Construction** - We can build with all sorts of objects! Come and explore blocks, lego, wood and a variety of other items in Construction Club.
- Learn the basics of ballet in Ms. Rosa's **Pre-Ballet Club**. (fees are 1600czk per term)
- Our **Capoeira Club** is Brazilian martial arts mixed with traditional Brazilian music (fees are 1700czk per term) *Maximum participation is 8 children*

Friday

- Practice kicking, running and playing with your friends in our **Football Club**. (fees are 1700czk per term)
- **Broadway Musical Club:** Broadway Musical dance is wonderful fun! Combines jazz and musical styles of dance. Perfect for active kids that like to belt out a song while dancing to musical tunes. (1600 czk per term)



Riverside's Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are:

- to provide our students with **specialist instruction**.
- to promote a **higher level of challenge** for each student.
- to provide **opportunities for students** to participate in activities they may not otherwise choose, or be aware they have a skill in.
- to provide opportunities for students **to display skills** through competition and performance.
- to provide opportunities for children to be rewarded through the outcomes and achievement in their **specialist activity**.
- to introduce skills that students will use and **develop throughout their lifetime**.
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions.
- to provide experiences for our students that will enhance their opportunities in **careers and higher education**.
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**.
- to provide an opportunity to take **calculated risks** and from this develop **confidence and determination**.
- to raise **self-esteem**.
- to develop **leadership skills**.
- to develop **successful sport men and women**.

