



Riverside School
Prague

SENIOR HIGH SKILLS FOR LIFE

Riverside School Prague

Abstract

This document is intended for those students that are attending Year 10 to Year 13 at Riverside School Prague.

Physical Education Department
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Senior High Skills for Life – Term 2 (2022-2023)

Day	Skill for Life	Where	Time	Coordinator	Cost (czk)	Max.
Monday	Board Games	Keats (AC)	Lunchtime	Ms. Woodward	-	-
	Riverside Rush Newspaper Club	Shelley (AC)	3:30 – 4:30	Mr. Pickering	-	-
	Chess Club	Tacitus (AC)	3:30 – 4:30	Mr. Launder	-	14
	Journaling	Picasso (AC)	3:30 – 4:30	Mr. Gonzalez	-	-
	Homeless Outreach	4th Floor Prague city	3:30 – 5:15	Mr. Celosse	-	-
	Extended Essay Club	Annan (AC)	3:30 – 4:30	Mrs. Levison	-	-
	Documentary Club	Tesla (AC)	3:30 – 4:30	Mr. Marris	-	-
	IB/IGCSE Art Clinic	Da Vinci (AC)	3:30 - 4:40	Ms. O'Brien	-	12
	SH Boys Basketball Team	Sedlec (Primary School)	3:45 - 5 15	Mr. Bell	-	20
Tuesday	Kayak Rolls	Vystaviste Holesovice	7:00 – 8:00	Mr. Kainc / Mr. Wise	750 cz	10
	Swimming Club	Vystaviste Holesovice	7:00 – 8:00	Mr. Fernando	2000 cz	18
	Duke of Edinburgh (Y10 and new students)	Gallery (AC)	3:30 – 4:30	Mrs. Entwistle / Mr. Bevan / Mr. Kidd	-	-
	Electronic Music Production	Bowie (JB)	3:30 – 4:30	Mr. Fullarton	-	12
	Engineering Club	Tesla (AC)	3:30 - 4:30	Mr. Loo	500 cz	10
	Bible Study Club	Kingsley (AC)	3:30 - 4:30	Mrs. Corpus	-	12
	Creativity Club	Keller (AC)	3:30 - 4:30	Mrs. Celosse	-	14
	Yoga and Qigong Club	4th Floor	3:30 – 4:30	Mrs. Saunier	-	14
	Origami Club	Euclid (AC)	3:30 - 4:30	Mr. Plummer	-	-
	Zumba Club	5th Floor (AC)	3:30 – 4:30	Mrs. Torres	-	14
Wednesday	Rock Climbing (From February 1st)	Podbaba Hall	7:00 - 8:00	Mr. Kainc / Mr. Wise	850 cz	10
	Duke of Edinburgh (Silver and Gold)	Gallery (AC)	Lunchtime	Mrs. Entwistle / Mr. Bevan / Mr. Kidd	-	-
	LAMDA	Marlowe (AC)	3:30 – 4:30	Mr. Adam (PYT)	2000 cz	14
	Swimming Team Practice	Vystaviste Holesovice	4:00 – 5:30	Mr. Fernando	2100 cz	21
	Girls Basketball Team	Sedlec (Primary School)	3:45 - 5 15	Ms. Davies	-	20
Thursday	Model UN	Annan (AC)	3:30 – 4:30	Mr. Sutton	-	20
	Tennis Club (starting 2.2)	Letna Tennis Courts	4:00 - 5:00	Mr. Heckel	750 cz	8
	Ice-Skating (until February 17th)	Letna Park	3:30 – 4:45	Mr. Ugolini / Mr. Heckel	-	20
	FILM CLUB	Picasso (AC)	3:30 - 4:30	Mrs. Irus	-	14
	Drawing Masterclass	Da Vinci (AC)	3:30 – 4:30	Ms. Trtikova	-	16
	Corner Concerts Club	Bowie (JB)	3:30 - 4:30	Mr. Myers	-	-
	SH Boys Basketball Team	Sedlec (Primary School)	3:45 - 5 15	Mr. Bell / Mr. Vergatos	-	20
	Girls Basketball Team	Sedlec (Primary School)	3:45 - 5 15	Mr. Fernando	-	20
	Weight Training Club	Factory Pro	3:30 - 4:30	Mr. Taufer	-	8
	Literary Magazine	Austen (AC)	3:30 - 4:30	Mrs. Zebrowska	-	12
Friday	Student Council	Gallery (AC)	3:30 – 4:30	Mr. Clarke	-	-
	Wrestling Club	4th Floor (AC)	3:30 – 4:30	Mr. Stine	-	14
	3D Modeling and Printing	Da Vinci (AC)	3:30 - 4:30	Mr. Raiteri	-	12
	Psychology society/ research and presentations for public speaking session	Klein (AC)	3:30 - 4:30	Mrs. Ball	-	14
	Go and Shogi	Erasmus (AC)	3:30 – 4:30	Mr. Hellam	-	14
Saturday	Tennis School (Year 10 - 13)	Shark Tank	10:45 - 11:45	Tennis Balance	2000 cz	8
	Swimming Club (Year 10)	Vystaviste	12:00 - 13:00	WRSS	2000 cz	14

Riverside's Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are:

- to provide our students with **specialist instruction**.
- to promote a **higher level of challenge** for each student.
- to provide **opportunities for students** to participate in activities they may not otherwise choose, or be aware they have a skill in.
- to provide opportunities for students **to display skills** through competition and performance.
- to provide opportunities for children to be rewarded through the outcomes and achievement in their **specialist activity**.
- to introduce skills that students will use and **develop throughout their lifetime**.
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions.
- to provide experiences for our students that will enhance their opportunities in **careers and higher education**.
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**.
- to provide an opportunity to take **calculated risks** and from this develop **confidence and determination**.
- to raise **self-esteem**.
- to develop **leadership skills**.
- to develop **successful sport men and women**.

