



Riverside School
Prague

YEAR 1 AND YEAR 2 SKILLS FOR LIFE

Riverside School Prague

Abstract

This document is intended for those students that are attending Year 1 and Year 2 at Riverside Primary School Prague.

Physical Education Department
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Year 1 - 2 Skills for Life – Term 2 (2022 - 2023)

Day	Skill for Life	Where	Time	Coordinator	Cost (czk)	Max.
Monday	Zoology Club	Ms. Freeburn's Room	3:30 – 4:20	Ms. O'Brien / Ms. Mackenzie	500 czk	20
	Modern Jazz Dance Club	Jidelna	3:30 – 4:20	Rosa Danza / Mrs. Kidd	1850 czk	14
	Maker Space Club	Maker Space Area	3:30 – 4:20	Ms. Ford	250 czk	14
	Book Illustration Club	Mr. Haig's Room	3:30 - 4:20	Ms. Klara	-	14
Tuesday	Poetry Club	Mr. Brown's Room	3:30 – 4:20	Ms. Flynn	-	14
	Taekwondo	Jidelna	3:30 – 4:20	Mrs. Freeman / Ms. Shlapak	2500 czk	14
	Lego Robotics	Mrs. Ojeda's Room	3:30 – 4:20	Kiddum / Mrs Haas	2000 czk	16
	Paper Crafts club	Mr. Haig's Room	3:30 – 4:20	Ms. Mohile	-	14
	Science Club (Y2-Y4)	Ms. Gaffney's Room	3:30 – 4:20	Ms. Gaffney	300 czk	14
Wednesday	Ballet	Jidelna	3:30 – 4:20	Rosa Danza / Ms. Flynn	1850 czk	12
	Football Club	3g Surface	3:30 – 4:20	Prague Raptors / Mrs. Haas	1850 czk	20
	Lego Robotics	Mrs. Ojeda's Room	3:30 – 4:20	Kiddum	2000 czk	16
	Origami Club	Mr. Haig's Room	3:30 – 4:20	Mrs. Kidd	-	14
Thursday	Czech Fun Games	Czech Room	3:30 – 4:20	Ms. Velek	-	16
	Just Dance	Mrs. Ojeda's Room	3:30 - 4:20	Mrs. Ojeda	-	14
	Awesome Authors	Ms. Mulvihill's Room	3:30 – 4:20	Ms. Mulvihill	-	14
	Yoga and Fitness Club	Mr. Brown's Room	3:30 – 4:20	Ms. Alexandra	-	12
	Books and Biscuits	Ms. Swain's Room	3:30 – 4:20	Ms. Swain / Ms. Flynn	250 czk	16
Friday	Modern Street Dance	Jidelna	3:30 – 4:20	Rosa Danza / Mrs. Kidd	1850 czk	12
	Softball Club	Shark Tank	3:30 – 4:20	Ms. Jaroslava	-	14
	Mindfulness Coloring Club	Ms. Freeburn's room	3:30 - 4:20	Ms. Freeburn	-	14
	Lego Robotics	Ms. Ojeda's Room	3:30 – 4:20	Kiddum / Ms. Shlapak	2000 czk	12
	Gymnastics	Shark Tank	3:30 - 4:20	Mr. Fernando	-	24
Saturday	Saturday Morning Football	3G	9:00 - 10:00 am	Mr. McCloy / Mr. Ward	1800 czk	-
	Swimming Club	Vystaviste Pool	10:00 - 11:00 am	WRSS	2000 czk	18
	Tennis School (Year 4-5-6)	Shark Tank	8:45 - 9:35 am	Tennis Balance	2000 czk	8

Riverside's Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are:

- to provide our students with **specialist instruction**.
- to promote a **higher level of challenge** for each student.
- to provide **opportunities for students** to participate in activities they may not otherwise choose, or be aware they have a skill in.
- to provide opportunities for students **to display skills** through competition and performance.
- to provide opportunities for children to be rewarded through the outcomes and achievement in their **specialist activity**.
- to introduce skills that students will use and **develop throughout their lifetime**.
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions.
- to provide experiences for our students that will enhance their opportunities in **careers and higher education**.
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**.
- to provide an opportunity to take **calculated risks** and from this develop **confidence and determination**.
- to raise **self-esteem**.
- to develop **leadership skills**.
- to develop **successful sport men and women**.

