



Riverside School
Prague

SENIOR HIGH SKILLS FOR LIFE

Riverside School Prague

Abstract

This document is intended for those students that are attending Year 10 to Year 13 at Riverside School Prague.

Physical Education Department
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Senior High Skills for Life – Term 1 (2023-2024)

Day	Skill for Life	Where	Time	Coordinator	Cost (czk)	Max.
Monday	Riverside Rush Newspaper	Shelley	3:30 - 4: 30	Mr. Pickering	-	14
	Homeless Outreach	Gallery	3:30 - 4:30	Mr. Celosse	-	-
	Flight Simulation/ Gaming	Kahlo (JH)	3:30 - 4:30	Mr. Wilson	TBC	-
	Chess	Nightingale	3:30 - 4:30	Mr. Loebel	-	-
	RAVers	Smetana & Bowie	3:30 - 4:30	Mr. Fullarton	-	12
	SH Science Fair	Watson	3:30 - 4:30	Mrs. Calabria / Mrs. Corpus	-	20
	Mindfulness Club	2.4	Lunchtime	Mrs. Petrina	-	-
	Creative Writing	Austen	3:30 - 4:30	Mr. Poth	-	-
	Secondary Volleyball	Sedlec (Primary Campus)	3:45 - 5:00	Mr. Jorge	-	-
	Running Club	Letna Park	3:30 - 4:30	Mr. Launder	-	-
Tuesday	Swimming Club	Vystaviste Holesovice	7:00 – 8:00	Mr. Fernando	1850 cz	18
	Duke of Edinburgh (Years 11-13)	Shelley	Lunchtime	Mr. Kidd/Mr. Sutton/Ms. Woodward	-	-
	HS Boys Football (until half term)	Letna Pitch	3:45 - 5 15	Mr. Marris / Mr. Taufer	-	-
	Theatre Lab	Marlowe	3:30 – 5:00	Mr. Zappi / Mrs. Sellers / Mrs. Zebrowska	-	-
	Engineering Club	Kepler	3:30 - 4:30	Mr. Loo	500 cz	-
	Girls Football Team	Sedlec (Primary Campus)	3:45 - 5:00	Mr. McCloy	-	-
	Open Art Studio	Rodin	3:30 - 4:30	Ms. Sibia	-	16
	Logic Puzzles Club	Euclid (AC)	3:30 - 4:30	Ms. Cordell	-	14
	Kayaking	Sedlec (Primary Campus)	3:45 - 5:00	Mr. Kainc / Ms. Jana	-	10
	Boys Basketball (from October 30th)	Shark Tank	3:45 - 5:00	PE Staff	-	-
	Climbing Club (From Term 1.2)	Podbaba	7:00 - 8:00	Mr. Kainc / Ms. Jana		
Wednesday	Duke of Edinburgh (Year 10)	Shelley	Lunchtime	Mr. Kidd/Mr. Sutton/Ms. Woodward	-	-
	LAMDA	Marlowe (AC)	3:30 – 4:30	Mr. Adam (PYT)	1750 cz	14
	Swimming Team Practice	Vystaviste Holesovice	4:00 – 5:30	Mr. Fernando	2100 cz	24
	Gym Training (Y11-13)	Factory Pro	3:30 - 4:30	Mr. Jorge	-	8
	Touch Rugby (until October 30th)	Sedlec (Primary Campus)	3:45 - 5:00	Ms. Davies	-	20
	Climbing Club (from October 30th)	Podbaba	7:00 - 8:00	Mr. Kainc / Ms. Jana		
	Badminton (from October 30th)	Sedlec (Primary Campus)	3:45 - 5:00	Ms. Davies	-	20
Thursday	3D Printing Club	Davinci	3:30 - 4:30	Mr. Raiteri	500 cz	15
	HS Boys Football (until half term)	Letna Pitch	3:45 - 5 15	Mr. Marris / Mr. Taufer	-	-
	Model UN	Pascal	3:30 – 4:30	Mr. Sutton	-	-
	Theatre Lab	Marlowe	3:30 – 5:00	Mr. Zappi / Mrs. Sellers	-	-
	Tennis Club	Letna Tennis Club	3:30 - 5:00	Mr. Ugolini	750 cz	8
	Vox Riverside Choir	Zimmer (JB)	Lunchtime	Mr. Zappi	-	-
	Guitar Building	Rodin	3:30 - 4:30	Mr. Myers	3000 cz	10
	Film Club	Picasso	3:30 - 4:30	Mrs. Irus	-	-
	Boys Basketball (from October 30th)	Shark Tank	3:45 - 5:00	PE Staff	-	-
	Girls Basketball (from October 30th)	Shark Tank	3:45 - 5:00	PE Staff	-	-
	Eco-Council	4th Floor	3:30 - 4:30	Mrs. Levison / Mrs. Saunier	-	-

Friday	Songwriting Club	Bowie	3:30 - 4:30	Mr. Zappi	-	12
	Animation Studio	Da Vinci	3:30 - 4:30	Ms. Kozsuharov	-	10
	Psychology Society	Annan	3:30 - 4:30	Ms. Ball	-	-
	Yoga	Marlowe	3:30 - 4:30	Ms. Gonzalez	-	10
	Creative AI	Erasmus (JB)	3:30 - 4:30	Mr. Hellam	-	-

Riverside's Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are:

- to provide our students with **specialist instruction**.
- to promote a **higher level of challenge** for each student.
- to provide **opportunities for students** to participate in activities they may not otherwise choose, or be aware they have a skill in.
- to provide opportunities for students **to display skills** through competition and performance.
- to provide opportunities for children to be rewarded through the outcomes and achievement in their **specialist activity**.
- to introduce skills that students will use and **develop throughout their lifetime**.
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions.
- to provide experiences for our students that will enhance their opportunities in **careers and higher education**.
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**.
- to provide an opportunity to take **calculated risks** and from this develop **confidence and determination**.
- to raise **self-esteem**.
- to develop **leadership skills**.
- to develop **successful sport men and women**.

