



Riverside School
Prague

YEAR 1 AND YEAR 2 SKILLS FOR LIFE

Riverside School Prague

Abstract

This document is intended for those students that are attending Year 1 and Year 2 at Riverside Primary School Prague.

Physical Education Department
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Year 1 - 2 Skills for Life – Term 1 (2023 - 2024)

Day	Skill for Life	Where	Time	Coordinator	Cost (czk)	Max.
Monday	Modern Jazz Dance	Jidelna	3:30 - 4:20	Rosa Danza / Mrs. Kidd	1850 cz	12
	Zoology Club	Ms. Freeburn's Room	3:30 - 4:20	Ms. O'Brien / Ms. Mackenzie	500 cz	18
	Choir Club (Y2)	Performing Arts Room	3:30 - 4:20	Ms. Pinkney / Ms. Walker / Mr. Watson	-	30
	Poetry Club	Ms. Swain's Room	3:30 - 4:20	Ms. Alexandra	-	14
Tuesday	Arts and Crafts	Mrs. Gross' Room	3:30 - 4:30	Mrs. Gross	-	14
	Gardening Club	School Garden	3:30 - 4:20	Ms. Gaffney	250 cz	12
	Creative Drawing Club	Ms. Mulvihill's Room	3:30 - 4:20	Ms. Mulvihill	-	14
	Modern Street Dance	Jidelna	3:30 - 4:20	Rosa Danza / Ms. Budzova	1850 cz	12
	Disney Club	Ms. Swain's Room	3:30 - 4:20	Ms. Swain	-	14
	Sports Games	Playground	3:30 - 4:20	Ms. Alex	-	14
Wednesday	Ballet	Jidelna	3:30 - 4:20	Rosa Danza (Ms. Budzova)	1850 cz	12
	Origami	Ms. Freeburn's Room	3:30 - 4:20	Mrs. Kidd	-	14
	Wood Construction Club	MakerSpace Room	3:30 - 4:20	Berukrouzky / Ms. Alex	1750 cz	10
	Lego Robotics	Mr. Haig's Room	3:30 - 4:20	Kiddum / Ms. Shlapak	2000 cz	12
Thursday	Mindfulness Coloring	Ms. Freeburn's Room	3:30 - 4:20	Ms. Freeburn	-	16
	Dance Club	Mrs. Gross' Room	3:30 - 4:20	Ms. Jarka	-	16
	Paper Craft Club	Mr. Haig's Room	3:30 - 4:20	Ms. Deepika	-	14
	Music Club	Music Room	3:30 - 4:20	Ms. Vystejnova	-	14
	Gymnastics	Jidelna	3:30 - 4:20	Ms. Davies	-	16
	Cricket Club (Y2)	Shark Tank	3:30 - 4:20	Cricket Akademie / Ms. Alex	1750 cz	14
Friday	Taekwondo	Jidelna	3:30 - 4:20	Coach Dudley / Ms. Nagrit	2000 cz	14
	Pohádky a perníčky	Czech Room	3:30 - 4:20	Ms. Velek	-	14
	Lego Robotics	Mr. Haig's Room	3:30 - 4:20	Kiddum / Ms. Riley	2000 cz	12
	Food Artists Club	Riverview Kitchen	3:30 - 4:20	Ms. Carleen	500 cz	10
Saturday	Saturday Morning Football	3G	9:00 - 10:00 am	Mr. McCloy / Mr. Ward	1800 cz	-
	Swimming Club	Vystaviste Pool	10:00 - 11:00 am	WRSS	2100 cz	18

Riverside's Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are:

- to provide our students with **specialist instruction**.
- to promote a **higher level of challenge** for each student.
- to provide **opportunities for students** to participate in activities they may not otherwise choose, or be aware they have a skill in.
- to provide opportunities for students **to display skills** through competition and performance.
- to provide opportunities for children to be rewarded through the outcomes and achievement in their **specialist activity**.
- to introduce skills that students will use and **develop throughout their lifetime**.
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions.
- to provide experiences for our students that will enhance their opportunities in **careers and higher education**.
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**.
- to provide an opportunity to take **calculated risks** and from this develop **confidence and determination**.
- to raise **self-esteem**.
- to develop **leadership skills**.
- to develop **successful sport men and women**.

