



Riverside School
Prague

JUNIOR HIGH SKILLS FOR LIFE

Riverside School Prague

Abstract

This document is intended for those students that are attending Year 7 to Year 9 at Riverside Primary School Prague.

Physical Education Department
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Junior High Skills for Life – Term 2 (2023 - 2024)

Day	Skill for Life	Where	Time	Coordinator	Cost (czk)	Max.
Monday	Showtime	Cafeteria	3:30 - 4:30	Mrs. Sellers / Ms. Sprung / Ms. Martyn / Mr. Zappi	-	-
	Homework Help	Library	3:30 - 4:00	Y10 DofE Students	-	-
	Open Art Studio	Rodin	3:30 - 4:30	Ms Dedikova	-	-
	Badminton Club	Sedlec (Primary Campus)	3:45 - 5:00	Ms. Davies	-	20
	Creative AI	Hawking (JB)	3:30 - 4:30	Mr. Hellam	-	-
	Speech and Debate	Zimmer	3:30 - 4:30	Mr. O'Neill	-	-
	JH Science Fair (Y7+8)	Newton (JB)	3:30 - 4:30	Mr Millar	-	15
	3D Printing Club	TBC (Maybe Hawking)	3:30 - 4:30	Mr Raiteri	500 czK	15
Tuesday	Swimming Club	Vystaviste Holesovice	7:00 – 8:00	Mr. Fernando	1850 cz	18
	Eco Council / Student Council	Miyazaki	Period 5&6 (Lunchtimes)	Miss Siska / Mrs Selikowitz	-	-
	Girls Basketball Team	Sedlec (Primary Campus)	3:30 - 4:30	Mr. McCloy	-	-
	Logic Puzzles Club	Euclid (AC)	3:30 - 4:30	Ms. Cordell	-	14
	Introduction to game development in Python	Rousseau (JB)	3:30 - 4:30	Mr. Selucky	1850 cz	12
	Kickboxing	Cafeteria(JB)	3:30 - 4 30	Coach Dudley	2000 cz	14
	Kayaking (Y9)	Vystaviste Pool	7:00 - 8:00	Mr. Kainc	750 kc	10
	Engineering Club (Y9)	Kepler (AC)	3:30 - 4:30	Mr. Loo/Mr Launder	500 cz	12
	Boys Basketball Team	Shark Tank	3:45 - 5:00	Mr Stine	-	-
Wednesday	Swimming Team Practice	Vystaviste Holesovice	4:00 – 5:30	Mr. Fernando	2100 cz	24
	LAMDA	Marlowe (AC)	3:30 - 4 :30	Prague Youth Theatre	2000 cz	12
	Secondary Volleyball	Sedlec (Primary Campus)	3:45 - 5:00	Mr. Jorge	-	-
Thursday	Vox Riverside Choir	Zimmer	Lunchtime	Mr. Zappi	-	-
	Climbing Club	Podbaba	7:00 - 8:00	Mr. Kainc / Ms. Jana	750 cz	12
	Flight Simulation	Kahlo	3:30 - 4:30	Mr. Bliss	-	-
	JH Assembly Musicians	Smetana	3:30 - 5:00	Mr. Fullarton	-	-
	JH Chess	Aristotle	3:30 - 4:30	Mrs Celosse	•	-
	Science Fair (Y9)	Newton	3:30 - 4:30	Mrs Calabria / Mrs Mohanova	-	15
	Ice Skating Club	Letna Ice Rink	3:30 - 4 30	Mr. Ugolini/Mr Wilson	TBC	15
	Shark Scribbler	Rowling	3:30 - 4:30	Miss Nugent	-	-
	Boys Basketball Team	Sedlec (Primary Campus)	3:30 - 4:30	Mr. McCloy	-	-
Friday	Animation Studio	Da Vinci (AC)	3:30 - 5:00	Ms. Kozsuharov	-	15
	Cookery Y8&9	Cafeteria	3:30 - 4:30	Ms. Mullerova / Ms. Rogers	500 cz	14
	Song Writing/Corner Concerts	Smetana	3:30 - 4:45	Mr Zappi		
Saturday	Swimming Club (Y7 - Y8)	Vystaviste	12:00 - 13:00	WRSS	2100 cz	12
	Morning Football	3G Sedlec (Primary School)	10:15 – 11:15	Mr. McCloy / Mr. Ward	1800 cz	-

Riverside's Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for Life programme are:

- to provide our students with **specialist instruction**.
- to promote a **higher level of challenge** for each student.
- to provide **opportunities for students** to participate in activities they may not otherwise choose, or be aware they have a skill in.
- to provide opportunities for students **to display skills** through competition and performance.
- to provide opportunities for children to be rewarded through the outcomes and achievement in their **specialist activity**.
- to introduce skills that students will use and **develop throughout their lifetime**.
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions.
- to provide experiences for our students that will enhance their opportunities in **careers and higher education**.
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**.
- to provide an opportunity to take **calculated risks** and from this develop **confidence and determination**.
- to raise **self-esteem**.
- to develop **leadership skills**.
- to develop **successful sport men and women**.

