



Riverside School
Prague

SENIOR HIGH SKILLS FOR LIFE

Riverside School Prague

Abstract

This document is intended for those students that are attending Year 10 to Year 13 at Riverside School Prague.

Physical Education Department
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Senior High Skills for Life – Term 2 (2023-2024)

Day	Skill for Life	Where	Time	Coordinator	Cost (czk)	Max.
Monday	Riverside Rush Newspaper	Shelley	3:30 - 4: 30	Mr. Pickering	-	14
	Homeless Outreach	Gallery	3:30 - 4:30	Mr. Celosse	-	-
	Cooking Club	Gallery	3:30 - 4:30	Mrs Irus / Mrs. Daish	500 cz	12
	SH Chess	Nightingale	3:30 - 4:30	Mr. LoebI	•	-
	RAVers	Smetana & Bowie	3:30 - 4:30	Mr. Fullarton	-	12
	SH Science Fair	Watson	3:30 - 4:30	Mrs Corpus	-	10
	Mindfulness Club	2.4	Lunchtime	Mrs. Petrina	-	-
	HS Boys Basketball	Shark Tank	3:45 - 5 15	Mr. Fernando	-	-
	Creative Writing	Austen	3:30 - 4:30	Mr. Poth	-	-
	3D Printing Club	Hawking (JB)	3:30 - 4:30	Mr Raiteri	500 czK	15
Badminton Club	Sedlec (Primary Campus)	3:45 - 5:00	Ms. Davies	-	20	
Tuesday	Swimming Club	Vystaviste Holesovice	7:00 – 8:00	Mr. Fernando	1850 cz	18
	Duke of Edinburgh (Years 11-13)	Shelley	Lunchtime	Mr. Kidd/Mr Sutton/Ms Woodward	-	-
	Physical Theatre and Dance	Marlowe	3:30 – 4:30	Mrs. Zebrowska	-	-
	Weight Training (Years 11-13)	Factory Pro	3:30-4:30	Mr Taufer		8
	Kickboxing	Cafeteria(JB)	3:30 - 4 30	Coach Dudley	2000 cz	14
	Introduction to game development in Python	Rousseau (JB)	3:30 - 4:30	Mr. Selucky	1600 cz	12
	Engineering Club	Kepler	3:30 - 4:30	Mr. Loo/Mr Launder	500 cz	12
	Girls Basketball Team	Sedlec (Primary Campus)	3:45 - 5:00	Mr. McCloy	-	-
	Open Art Studio	Rodin	3:30 - 4:30	Ms. Sibia	-	16
	Logic Puzzles Club	Euclid (AC)	3:30 - 4:30	Ms. Cordell	-	14
Kayaking	Vystaviste Pool	7:00 - 8:00	Mr. Kainc	750 cz	10	
Wednesday	Duke of Edinburgh (Year 10)	Shelley	Lunchtime	Mr. Kidd/Mr Sutton/Ms Woodward	-	-
	LAMDA	Marlowe (AC)	3:30 – 4:30	Mr. Adam (PYT)	1750 cz	14
	Swimming Team Practice	Vystaviste Holesovice	4:00 – 5:30	Mr. Fernando	2100 cz	24
	Secondary Volleyball	Sedlec (Primary Campus)	3:45 - 5:00	Mr. Jorge	-	-
Thursday	Climbing Club	Podbaba	7:00 - 8:00	Mr. Kainc / Ms. Jana	750 cz	12
	Flight Simulation	Kahlo	3:30 - 4:30	Mr. Bliss	-	-
	HS Boys Basketball	Shark Tank	3:45 - 5 15	Mr. Fernando	-	-
	Model UN	Pascal	3:30 – 4:30	Mr. Sutton	-	-
	Theatre Lab	Marlowe	3:30 – 5:00	Mr. Zappi	-	-
	Ice Skating Club	Letna Ice Rink	3:45 - 4 45	Mr. Ugolini/Mr Wilson	TBC	15
	Vox Riverside Choir	Zimmer (JB)	Lunchtime	Mr. Zappi	-	-
	Guitar Building (Term 1 Students only)	Rodin	3:30 - 4:30	Mr Myers	•	10
Eco-Council	4th Floor	3:30 - 4:30	Mrs. Levison / Mrs Saunier	-	-	
Friday	Songwriting Club	Bowie	3:30 - 4:30	Mr. Zappi	-	12
	Animation Studio	Da Vinci	3:30 - 4:30	Ms. Kozsuharov	-	15
	Psychology Society	Annan	3:30 - 4:30	Ms. Ball	-	-
	Yoga	Marlowe	3:30 - 4:30	Ms. Gonzalez	-	10
	Creative AI	Erasmus (JB)	3:30 - 4:30	Mr. Hellam	-	-

Riverside's Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are:

- to provide our students with **specialist instruction**.
- to promote a **higher level of challenge** for each student.
- to provide **opportunities for students** to participate in activities they may not otherwise choose, or be aware they have a skill in.
- to provide opportunities for students **to display skills** through competition and performance.
- to provide opportunities for children to be rewarded through the outcomes and achievement in their **specialist activity**.
- to introduce skills that students will use and **develop throughout their lifetime**.
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions.
- to provide experiences for our students that will enhance their opportunities in **careers and higher education**.
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**.
- to provide an opportunity to take **calculated risks** and from this develop **confidence and determination**.
- to raise **self-esteem**.
- to develop **leadership skills**.
- to develop **successful sport men and women**.

