



**Riverside** School  
*Prague*

# YEAR 1 AND YEAR 2 SKILLS FOR LIFE

Riverside School Prague

## Abstract

This document is intended for those students that are attending Year 1 and Year 2 at Riverside Primary School Prague.

Physical Education Department  
Fernandomartinez@riversideschool.cz

## Year 1 - 2 Skills for Life – Term 2 (2023 - 2024)

Day	Skill for Life	Where	Time	Coordinator	Cost (czk)	Max.
<b>Monday</b>	<b>Net Games</b>	Shark Tank	3:30 - 4:20	Mr. Jorge	-	16
	<b>Zoology Club</b>	Mrs. Gross' Room	3:30 – 4:20	Ms. O'Brien / Ms. Mackenzie	500 cz	21
	<b>Choir Club (Y2)</b>	Performing Arts Room	3:30 - 4:20	Ms. Pinkney / Ms. Walker / Mr. Watson	-	30
	<b>Book and Reading Club</b>	Ms. Swain's Room	3:30 - 4:20	Ms. Alexandra	-	14
<b>Tuesday</b>	<b>Winter Gardening Club</b>	School Garden and Ms. Gaffney's Room	3:30 - 4:20	Ms. Gaffney	250 cz	10
	<b>History Explorers</b>	Ms. Mulvihill's Room	3:30 - 4:20	Ms. Mulvihill	-	14
	<b>Arts and Crafts</b>	Mrs. Gross' Room	3:30 - 4:30	Mrs. Gross	-	14
	<b>Modern Jazz Dance</b>	Jidelna	3:30 - 4:20	Rosa Danza / Ms. Alexandra	1850 cz	12
	<b>Disney Club</b>	Ms. Swain's Room	3:30 - 4:20	Ms. Swain	-	14
<b>Wednesday</b>	<b>Ballet</b>	Jidelna	3:30 - 4:20	Rosa Danza / Ms. Alexandra	1850 cz	12
	<b>Origami</b>	Ms. Freeburn's Room	3:30 - 4:20	Mrs. Kidd	-	14
	<b>Wood Construction Club</b>	MakerSpace Room	3:30 - 4:20	Berukrouzky / Ms. Nagrit	1750 cz	10
	<b>Lego Robotics</b>	Mr. Haig's Room	3:30 - 4:20	Kiddum / Ms. Novakova	2000 cz	12
<b>Thursday</b>	<b>Mindfulness Coloring</b>	Ms. Freeburn's Room	3:30 – 4:20	Ms. Freeburn	-	16
	<b>Dance Club</b>	Ms. Gross' Room	3:30 - 4:20	Ms. Jarka	-	16
	<b>Paper Craft Club</b>	Mr. Haig's Room	3:30 - 4:20	Ms. Deepika	-	14
	<b>Music Club</b>	Music Room	3:30 - 4:20	Ms. Vystejnova	-	10
	<b>Gymnastics</b>	Shark Tank	3:30 - 4:20	Ms. Davies	-	16
<b>Friday</b>	<b>Taekwondo</b>	Jidelna	3:30 - 4:20	Coach Dudley / Ms. Novakova	2000 cz	14
	<b>Football Club</b>	Shark Tank	3:30 - 4:30	Mr. Wise / Mr. Fernando	-	16
	<b>Lego Robotics</b>	Mr. Haig's Room	3:30 - 4:20	Kiddum / Mrs. Kidd	2000 cz	12
	<b>Little Scientists Club</b>	Czech Room	3:30 - 4:20	Ms. Brownsey	250 cz	12
	<b>Food Artists Club</b>	Riverview Kitchen	3:30 - 4:20	Ms. Carleen / Y5 LSA	500 cz	10
<b>Saturday</b>	<b>Saturday Morning Football</b>	Shark Tank	9:00 - 10:00 am	Mr. McCloy / Mr. Ward	TBC	-
	<b>Swimming Club</b>	Vystaviste Pool	10:00 - 11:00 am	WRSS	2100 cz	18

Riverside's Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are:

- to provide our students with **specialist instruction**.
- to promote a **higher level of challenge** for each student.
- to provide **opportunities for students** to participate in activities they may not otherwise choose, or be aware they have a skill in.
- to provide opportunities for students **to display skills** through competition and performance.
- to provide opportunities for children to be rewarded through the outcomes and achievement in their **specialist activity**.
- to introduce skills that students will use and **develop throughout their lifetime**.
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions.
- to provide experiences for our students that will enhance their opportunities in **careers and higher education**.
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**.
- to provide an opportunity to take **calculated risks** and from this develop **confidence and determination**.
- to raise **self-esteem**.
- to develop **leadership skills**.
- to develop **successful sport men and women**.

