



Riverside School
Prague

JUNIOR HIGH SKILLS FOR LIFE

Riverside School Prague

Abstract

This document is intended for those students that are attending Year 7 to Year 9 at Riverside Junior High School Prague.

Physical Education Department
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Junior High Skills for Life – Term 3 (2023 - 2024)

Day	Skill for Life	Where	Time	Coordinator	Cost (czk)	Max.
Monday	Homework Help	Library	3:30 - 4:00	Y10 DoFE Students	-	-
	Open Art Studio	Rodin	3:30 - 4:30	Ms Dedikova	-	-
	HS Boys Football (Year 9)	Letna Football Pitch	4:00 - 5:15	Mr. Marris / Mr. Wilson	-	20
	Badminton / Fitness Club	Sedlec (Primary Campus)	3:45 - 5:00	Ms. Davies	-	20
	Creative AI	Pythagoras (JB)	3:30 - 4:30	Mr. Hellam	-	-
	JH Science Fair (Y7+8) (ends 22nd April)	Newton (JB)	3:30 - 4:30	Mr Millar	-	15
	3D Printing Club	Hawking (JB)	3:30 - 4:30	Mr Raiteri	500 czk	15
Tuesday	Swimming Club	Vystaviste Holesovice	7:00 – 8:00	Mr. Fernando	1850 czk	18
	Eco Council / Student Council	Miyazaki	Period 5&6 (Lunchtimes)	Miss Siska / Mrs Selikowitz	-	-
	Knowledge Bowl	Zimmer	3:30 - 4:30	Mr. O'Neill	-	-
	Girls Football Team	Sedlec (Primary Campus)	3:45 - 5:15	Mr. McCloy	-	-
	Canoeing	Vlatava River	4:10 - 5 15	Mr. Wise / Mr. Kainc	-	14
	Logic Puzzles Club	Euclid (AC)	3:30 - 4:30	Ms. Cordell	-	14
	Introduction to game development in Python	Aristotle (JB)	3:30 - 4:30	Mr. Selucky	1850 czk	12
	Kickboxing	Cafeteria (JB)	3:30 - 4 30	Coach Dudley	2000 czk	14
	Engineering / Rocket Club (Y9)	Kepler (AC)	3:30 - 4:30	Mr. Loo/HS students	500 czk	12
Wednesday	Swimming Team Practice	Vystaviste Holesovice	4:00 – 5:30	Mr. Fernando	2100 czk	24
	LAMDA	Marlowe (AC)	3:30 - 4 :30	Prague Youth Theatre	2000 czk	12
	Softball Club (Y7)	Shark Tank	3:30 - 4:20	Mr. Jorge	-	20
Thursday	Vox Riverside Choir	Zimmer	Lunchtime	Mr. Zappi	-	-
	Flight Simulation	Kahlo	3:30 - 4:30	Mr. Bliss	-	-
	JH Rock Band	Smetana	3:30 - 5:00	Mr. Fullarton	-	Invitational
	Secondary Steam Club	Newton	3:30 - 4:30	Mrs Calabria / Mrs Mohanova	-	20
	Shark Scribbler	Rowling	3:30 - 4:30	Miss Nugent	-	-
	Secondary Basketball	Shark Tank	3:45 - 5 15	Mr. Fernando	-	-
	Boys Football Team	Sedlec (Primary Campus)	3:45 - 5:15	Mr. Stine	-	-
Friday	Cookery Y8&9	Cafeteria	3:30 - 4:30	Ms. Mullerova / Ms. Rogers	750 czk	14
	Song Writing/Corner Concerts	Smetana	3:30 - 4:45	Mr Zappi	-	-
Saturday	Swimming Club (Y7 - Y8)	Vystaviste	12:00 - 13:00	WRSS	2100 czk	12
	Morning Football	3G Sedlec (Primary School)	10:15 – 11:15	Mr. McCloy / Mr. Ward	1800 czk	-

Riverside's Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are:

- to provide our students with **specialist instruction**.
- to promote a **higher level of challenge** for each student.
- to provide **opportunities for students** to participate in activities they may not otherwise choose, or be aware they have a skill in.
- to provide opportunities for students **to display skills** through competition and performance.
- to provide opportunities for children to be rewarded through the outcomes and achievement in their **specialist activity**.
- to introduce skills that students will use and **develop throughout their lifetime**.
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions.
- to provide experiences for our students that will enhance their opportunities in **careers and higher education**.
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**.
- to provide an opportunity to take **calculated risks** and from this develop **confidence and determination**.
- to raise **self-esteem**.
- to develop **leadership skills**.
- to develop **successful sport men and women**.

