



Riverside School
Prague

YEAR 1 AND YEAR 2 SKILLS FOR LIFE

Riverside School Prague

Abstract

This document is intended for those students that are attending Year 1 and Year 2 at Riverside Primary School Prague.

Physical Education Department
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Year 1 - 2 Skills for Life – Term 3 (2023 - 2024)

Day	Skill for Life	Where	Time	Coordinator	Cost (czk)	Max.
Monday	Athletics Club	Shark Tank	3:30 – 4:20	Mr. Fernando	-	16
	Zoology Club	Mrs. Gross' Room	3:30 – 4:20	Ms. O'Brien / Ms. Mackenzie	500 cz	21
	Choir Club (Y2)	Performing Arts Room	3:30 - 4:20	Ms. Pinkney / Ms. Walker / Mr. Watson	-	30
	Ballet	Jidelna	3:30 - 4:20	Rosa Danza / Mrs. Kidd	1850 cz	12
	Book and Reading Club	Ms. Swain's Room	3:30 - 4:20	Ms. Alexandra	-	14
Tuesday	History Explorers	Ms. Mulvihill's Room	3:30 - 4:20	Ms. Mulvihill	-	14
	Football Club	Shark Tank	3:30 - 4:20	Mr. Haig	-	14
	Arts and Crafts	Mrs. Gross' Room	3:30 - 4:30	Mrs. Gross	-	14
	Disney Design Club	Ms. Swain's Room	3:30 - 4:20	Ms. Swain	-	14
Wednesday	Books and Biscuits	Ms. Mulvihill's Room	3:30 - 4:20	Ms. Jarka	100 cz	16
	Origami	Ms. Freeburn's Room	3:30 - 4:20	Mrs. Kidd	-	14
	Wood Construction Club	MakerSpace Room	3:30 - 4:20	Berukrouzky / Ms. Nagrit	1750 cz	10
	Lego Robotics	Mr. Haig's Room	3:30 - 4:20	Kiddum / Ms. Novakova	2000 cz	12
Thursday	Mindfulness Coloring	Ms. Freeburn's Room	3:30 – 4:20	Ms. Freeburn	-	16
	Paper Craft Club	Mr. Haig's Room	3:30 - 4:20	Ms. Deepika	-	14
	Scooter Club	Playground	3:30 - 4:20	Mr. Fernando	-	14
	Playground Games	Playground	3:30 - 4:20	Ms. Gaffney	-	14
	Food Artists Club	Riverview Kitchen	3:30 - 4:20	Ms. Carleen / Mackensie B.	500 cz	10
Friday	Taekwondo	Jidelna	3:30 - 4:20	Coach Dudley / Ms. Novakova	2000 cz	14
	Lego Robotics	Mr. Haig's Room	3:30 - 4:20	Kiddum / Mrs. Kidd	2000 cz	12
	Inline Skating	Shark Tank	3:30 - 4:20	Berukrouzky / Ms. Nagrit / Mrs. Kidd	1750 cz	35
	Little Scientists Club	Czech Room	3:30 - 4:20	Ms. Brownsey	250 cz	12
	Czech Advanced Conversation / Rozvoj slovní zásoby v češtině	Czech Room	3:30 - 4:20	Ms. Velek	-	12
Saturday	Saturday Morning Football	Shark Tank	9:00 - 10:00	Mr. McCloy / Mr. Ward	TBC	-
	Swimming Club	Vystaviste Pool	10:00 - 11:00	WRSS	2100 cz	18

Riverside's Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are:

- to provide our students with **specialist instruction**.
- to promote a **higher level of challenge** for each student.
- to provide **opportunities for students** to participate in activities they may not otherwise choose, or be aware they have a skill in.
- to provide opportunities for students **to display skills** through competition and performance.
- to provide opportunities for children to be rewarded through the outcomes and achievement in their **specialist activity**.
- to introduce skills that students will use and **develop throughout their lifetime**.
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions.
- to provide experiences for our students that will enhance their opportunities in **careers and higher education**.
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**.
- to provide an opportunity to take **calculated risks** and from this develop **confidence and determination**.
- to raise **self-esteem**.
- to develop **leadership skills**.
- to develop **successful sport men and women**.

