



YEAR 3 TO YEAR 6 SKILLS FOR LIFE

Riverside School Prague

Physical Education Department Fernandomartinez@riversideschool.cz

| | Year 3 - 6 Skills f | or Life – | Term 3 | <mark>3 (2023 - 2024)</mark> | | |
|-----------|----------------------------------|---------------------------|----------------|--|---------------|------|
| Day | Skill for Life | Where | Time | Coordinator | Cost (czk) | Max. |
| Monday | Books and Biscuits | Mrs. Bouda's Room | 3:30 - 4:20 | Mrs. Bouda | 100 cz | 16 |
| | Bullet Journal Club | Ms. Preedy's Room | 3:30 - 4:20 | Ms. Shlapak | 250 cz | 14 |
| | Football Club (Y3-4) | 3G Pitch | 3:30 - 4:20 | Mr. Ward | - | 20 |
| | Nancy Drew Young Detectives Club | Ms. Wurtz's Room | 3:30 - 4:20 | Ms. Wurtz | - | 14 |
| | Choir Club | Performing Arts Room | 3:30 - 4:20 | Ms. Pinkney / Ms. Walker / Mr. Watson | - | 30 |
| | Young Film Set (Y3-4) | Ms. Gaffney's Room | 3:30 - 4:20 | Young Film Set / Ms. Kidane | 2500 cz | 7 |
| | MakerSpace Club (Y5-6) | MakerSpace Room | 3:30 - 4:20 | Mrs. Stine | 500 cz | 14 |
| | Minecraft Education | ICT Room | 3:30 - 4:20 | Mr. Hudd | 200 cz | 20 |
| | Field Hockey | Riverview Playground | 3:30 - 4:20 | Mr. Stewart | - | 14 |
| | Poetry Club | Mr. Carroll's Room | 3:30 - 4:20 | Ms. Mackensie | - | 14 |
| | | | 0.00 | | | |
| | SkateBoarding | Shark Tank | 3:30 – 4:20 | Skola Skejtu / Ms. Mackensie | 1900 cz | 15 |
| Tuesday | Chemist Club | MakerSpace Room | 3:30 - 4:20 | Berukrouzky / Ms. Riley | 1750 cz | 10 |
| | Lego Robotics | Mr. Brown's Room | 3:30 - 4:20 | Kiddum / Ms. Mohile | 2000 cz | 12 |
| | Basketball Club (Y5-6) | Shark Tank | 3:30 - 4:20 | Mr. Gross | - | 24 |
| | Digital Education Games | Mrs. Bouda's Room | 3:30 - 4:20 | Ms. Galacova | - | 14 |
| | Dodgeball | Riverview Pitch | 3:30 - 4:20 | Mr. Jorge | - | 16 |
| | Canoeing (Y4-5-6) | Vlatava River | 3:30 - 4:20 | Mr. Wise / Ms. Jana | - | 14 |
| | Time-traveling Artists | Ms. Kulb's Room | 3:30 - 4:20 | Ms. Kulb | - | 14 |
| | Ukelele Club | Performing Arts Room | 3:30 - 4:20 | Mr. Brown | - | 10 |
| | Gymnastics (Y3-4) | Jidelna | 3:30 - 4:20 | Ms. Davies | - | 16 |
| | | | 3:30 – | | | |
| | Taekwondo (Y3-4) | Jidelna Mrs. Bouda's | 4:20 | Coach Dudley / Ms. Kidane | 2000 cz | 14 |
| | Code Breakers / Escape Room Club | Room | 3:30 - 4:20 | Ms. Riley | - | 14 |
| | Young Architects Club (Y3-4) | Art Room Ms. Gaffney's | 3:30 - 4:20 | Ms. Bandi | 500 cz | 12 |
| | Young Film Set (Y5-6) | Room | 3:30 - 4:20 | Young Film Set / Ms. Shlapak | 2500 cz | 7 |
| Wednesday | Coding Club (Y3-4) | ICT Room | 3:30 - 4:20 | Mr. Krystof / Ms. Galacova | 1750 cz | 12 |
| | Masterchef (Y3-4) | Riverview Kitchen | 3:30 - 4:20 | Berukrouzky / Ms. Mohile | 1750 cz | 10 |
| | Softball Club (Y5-6) | Shark Tank | 3:30 - 4:20 | Mr. Jorge | - | 15 |
| | Football Club (Y5-6) | 3G Pitch Mr. Ward's | 3:30 - 4:20 | Mr. McCloy | - | 20 |
| | Water Colour Club | Room | 3:30 - 4:20 | Ms. Slusser | - | 14 |
| | Homework and Tutoring | Ms. Pecuh's Room | 3:30 - 4:20 | Ms. Berg | - | 16 |
| | Girls Sport Club | Shark Tank | 3:30 - 4:20 | Ms. Davies | - | 16 |
| Thursday | | | 3:30 – | | | |
| | Taekwondo (Y5-6) | Jidelna Mr. Carroll's | 4:20 | Coach Dudley / Ms. Slusser | 2000 cz | 14 |
| | Chess Club | Room Performing Arts | 3:30 - 4:20 | Mr. Carroll | - | 24 |
| | Performing Arts Dance Club | Room | 3:30 - 4:20 | Ms. Martyn | - | 14 |
| | Board Games | Mr. Chesters' Room | 3:30 - 4:20 | Mr. Chesters | - | 14 |
| | Coding Club (Y5-6) | ICT Room | 3:30 - 4:20 | Mr. Krystof / Ms. Berg | 1750 cz | 12 |

| | Lego Robotics | Mr. Brown's Room | 3:30 - 4:20 | Kiddum / Ms. Riley | 2000 cz | 12 |
|----------|--|-------------------------|------------------|---|------------|----|
| | Young Architects Club (Y5-6) | Makerspace room | 3:30 - 4:20 | Ms. Bandi | 500 cz | 14 |
| | Summer Sports Club | Shark Tank | 3:30 - 4:20 | Ms. Pecuh | - | 14 |
| | Music Club | Music Room | 3:30 - 4:20 | Ms. Radka | - | 10 |
| | Yoga | Ms. Wurtz's Room | 3:30 - 4:20 | Ms. Preedy | - | 14 |
| | Outdoor Club (Y4-6) | School Surroundings | 3:30 - 4:20 | Mr. Wise | - | 12 |
| | | | | | | |
| | Wood Construction Club (Y3-4) | MakerSpace Room | 3:30 - 4:20 | Berukrouzky / Ms. Slusser | 1750 cz | 10 |
| Friday | Creative Writing Club | Mr. Brown's Room | 3:30 - 4 20 | Ms. White | - | 14 |
| | LAMDA | Performing Arts Room | 3:30 - 4:20 | Prague Youth Theatre / Ms. Galacova | 1500 cz | 8 |
| | Jewelry Club | Mrs. Bouda's Room | 3:30 - 4:20 | Ms. Kidane | 300 cz | 16 |
| | Czech Advanced Conversation / Rozvoj slovní zásoby v češtině (Y3-Y4) | Czech Room | 3:30 - 4:20 | Ms. Velek | - | 12 |
| | Masterchef (Y5-6) | Riverview Kitchen | 3:30 - 4:20 | Berukrouzky / Ms. Shlapak | 1750 cz | 10 |
| | Inline Skating | Shark Tank | 3:30 - 4:20 | Berukrouzky / Ms. Nagrit / Mrs. Kidd | 1750 cz | 35 |
| | Ceramics Club | Art Room | 3:30 - 4:20 | Mr. Edwards | 350 cz | 14 |
| | Cricket | 3G Pitch | 3:30 - 4:30 | Mr. McCloy | - | 15 |
| | | | | | | |
| Saturday | Swimming Club (Y3 - Y4) | Vystaviste | 11:00 - 12:00 | WRSS | 2100 cz | 18 |
| | Swimming Club (Y5 - Y6) | Vystaviste | 12:00 - 13:00 | WRSS | 2100 cz | 10 |
| | Morning Football (Y3-4) | 3G | 9:00 - 10:00 | Mr. McCloy / Mr. Ward | 1800 cz | - |
| | Morning Football (Y5-6) | 3G | 10:15 – 11:15 | Mr. McCloy / Mr. Ward | 1800 cz | - |
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Riverside's Skills for Life programme is an extra-curricular offer of many different activities that will help our students to develop their full potential in many aspects and fields (sport, intellectual, musical, dance, drama, technological...)

The aims of the Skills for life programme are:

- to provide our students with **specialist instruction**.
- to promote a higher level of challenge for each student.
- to provide **opportunities for students** to participate in activities they may not otherwise choose, or be aware they have a skill in.
- to provide opportunities for students to display skills through competition and performance.
- to provide opportunities for children to be rewarded through the outcomes and achievement in their **specialist activity.**
- to introduce skills that students will use and develop throughout their lifetime.
- to provide **opportunities** for children to join sporting clubs and participate in **local** and **international** competitions.
- to provide experiences for our students that will enhance their opportunities in careers and higher education.
- to allow all students the opportunity to be **appropriately challenged** through **differentiation** and extension for our **gifted and talented**.
- to provide an opportunity to take **calculated risks** and from this develop **confidence and determination**.
- to raise **self-esteem**.
- to develop leadership skills.
- to develop successful sport men and women.

